

# Report of the year 2013-2014





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**Registered Charity No.** 289904 **Company Limited by Guarantee** 1693876



Haringey Council LOTTERY FUNDED INVESTOR IN PEOPLE

# Who we are and what we do

Markfield is a community centre which promotes the dignity, choice, independence and community inclusion of disabled people and their families. We offer a wide range of services. We provide a range of services for children, young people, adults and families.

## The aims of our charity are:

To provide a safe and fun environment where disabled people are supported to 'be themselves'

To focus on the needs of the whole family, to strengthen relationships and break down isolation To hear and value service user voices, and influence change

# Our objectives for 2011-16 are:

- To Sustain and grow our core services
- To build community unity
- To develop our inclusion information centre
- To support Disabled people to fulfil their dreams.

## This review shows the highlights of the year April 2013 to March 2014

## Services for adults with Learning Disabilities

Our weekly Friday evening social session 'Markfield@Nite' is run by an elected service user committee. Music is an important part of the session, and club members can develop their DJ skills, participate in drama therapy sessions, training in contemporary dance and enjoy restaurant and café outings.



Our daytime 'Art Engine' session gives adults with Learning Disabilities the chance to develop and showcase arts based skills. The group works in a range of art media and exhibits their work in the community.

**'All for One Club'** is our new Monday evening club for young adults, with learning disabilities, Autism or Asperger's Syndrome. The sessions enable them to build social skills, participate in arts and sports activities in a relaxed and supportive session.

**Travel Training:** We offer travel training to adults with Learning Disabilities to increase their knowledge of and confidence in using public transport, offer wider life experience and support them to learn to travel independently on public transport.



## Services for children and young people

We run clubs and playschemes for disabled children & young people and siblings, making use of our fantastic facilities at the Markfeld centre including a huge accessible adventure playground with climbing structures, zip wire, bonfire pit, swings, slides,



and indoors a large hall, soft play run a variety of projects room, computer room and music including raising funds to build equipment

Our Saturday open access playground drop-in sessions give children and families access to our accessible, fun and challenging adventure playground.

MPower is Markfield's Youth Participation Group of 11-19 year olds with a range of needs. Over the last eight years they have

Family support services

an accessible adventure playground at Markfield, and training other young people about inclusion.



We offer independent advice and support for parents/carers of children with Special Educational Needs (SEN), through advice surgeries, individual casework support, an advice helpline, and training workshops.

Our monthly **Family Club** offers families the chance to meet and socialise together, access advice and support in a friendly inclusive play environment, with play activities available for children.

Advice surgeries and casework: we provide advice surgeries at Markfield and outreach at other venues including Children's Centres and the local Child Development Centre. These help families with a range of issues, including disability benefits, behaviour management and help in accessing other resources and services.

Training workshops: we run workshops for parents and carers on a variety of topics

including: 'understanding the SEN system', 'school exclusions', 'positive behaviour management' and 'creating visual aids'. These support parents and carers to understand their rights and feel more confident in working positively with professionals to ensure that their children's needs are met. We also run a training course for parents of under 5s: 'Stepping Stones', and a 12-week parenting course 'Strengthening families strengthening communities'

Parent/carer groups: We run three drop-in support groups a general group for all parents/ carers, a Turkish-speaking parents group, and an 18 plus carers forum for parent carers of disabled adults. The sessions include talks from local professionals, trips and mutual support/relaxation sessions, helping families to build support networks and share information, skills and experiences.

Parent participation: Markfield facilitates the borough-wide parent/carer forum that gives parents a voice in the development of local policy and practice in relation to SEN.

Volunteer befrienders: we offer a 5-day comprehensive training to volunteers, and match them with families who have a disabled member. Volunteers provide a range of support including spending time at home with families, providing activities for disabled children, giving parents a chance to have a rest and tackling social isolation.

Under 5s 'stay and play' drop in: our popular weekly stay and play session for under 5s enables families from the local community and beyond to access inclusive indoor and outdoor play, and support and advice from a Family Support Worker.





Statement of financial activities (summary income and expenditure account) for the year ended 31 March 2014

	<u>Unrestric</u> <u>General</u> <u>Funds</u>	t <mark>ted Funds)</mark> Designated Funds	<u>Restricted</u> <u>Funds</u>	<u>2014 Total</u>	<u>2013 Total</u>
	£	£	£	£	£
Incoming resources					
Incoming resources from generating funds:					
Voluntary income		-	-	6,346	79,811
Activities for generating funds					
Investment income	594	-	-	594	1,385
Premises hire	14,742	-	-	14,742	10,292
Other income	697	-	-	697	101
Incoming resources from charitable activities:					
Services for children/youth	97,653	-	57,030	154,683	197,501
Adult services	55,456	-	17,774	73,230	52,870
Training / education / user development	70	-	12,052	12,122	8,165
Family support services	149,766	-	172,101	321,867	276,090
Total incoming resources	325,324	-	258,957	584,281	626,215
Resources expended					
Costs of generating funds:	10,773	-		10,773	6,628
Charitable activities					
Services for children/youth	102,320	-	59,601	161,921	217,242
Adult services	56,864	-	12,726	69,590	56,963
Training / education / user development	2,316	-	13,042	15,358	8,609
Family support services	154,268	-	170,890	325,158	306,096
Governance costs	11,393	-		11,393	15,815
Total resources expended	337,934	-	256,259	594,193	611,353
Net incoming/(outgoing) resources	(12,610)	-	2,698	(9,912)	14,862
Reconciliation of funds:					
Total funds, brought forward	149,857	17,104	56,886	223,847	208,985
Total funds, carried forward	137,247	17,104	59,584	213,935	223,847

#### **Members of the Executive Committee**

Markfield is governed by an Executive Committee who are made up of volunteers, service users, parents and carers, and are elected by members at the Annual General Meeting. The following people served as members of the Executive Committee during the year 2013-14: Michelle Abdin, Claire Bendall Clare Croft-White, Warren Hoskins (Treasurer), Dee Kushlick-Williams (Chair), John Larkin, Melian Mansfield, Charity Omungu, Jeremy Spooner, Councillor Sheila Peacock (London Borough of Haringey representative).

Company Secretary: Claudia Rawlinson

**Our funders during 2013-14 were:** London Borough of Haringey, Big Lottery Fund, BBC Children In Need, Bloomfield Trust, City Bridge Trust, Department for Education, Family Action, Help a London Child, Jack Petchey Foundation, Jean & Tony Smythe Trust, Leathersellers, Lloyds TSB Community Fund, Park Studios, Sainsbury's Community Budget, Superact, Together North London, Tottenham Grammar School Foundation and other individual donors.

#### Opinion

In our opinion the summarised financial statement is consistent with the full financial statements and the Executive Committee's Annual Report of the Markfield Project for the year ended 31 March 2014. Ramon Lee and Partners September 2014

#### Auditors

Ramon Lee and Partners Kemp House, 152-160 City Road, London EC1V 2DW

### Bankers

The Co-operative Bank PO Box 250, Delf House Skelmersdale, WN8 6WT

CCLA Management Ltd 80 Cheapside London EC2V 6DZ