



Stepping Stones Parents for Play and Communication



Stepping Stones is a 10-week sensory play and language programme for families with children under the age of 5 with additional needs in communication, social skills and language. It is designed to equip parents and carers with the skills and knowledge to confidently interact with their children through play and music

What we offer

- Support to understand your child's play needs
- A supportive, informal environment where parents and carers can learn and share their experiences
- A family journal to guide you through the programme and the loan of resources

'I don't find it hard to help him at home any more'

parent



What is involved

This course runs over 10 weeks and has 4 steps

Week 1 We will need you to attend an introductory meeting to give you more information about the programme

Step 1 Weeks 2 to 9. Parents, carers and their children meet once a week, for 1 hour, every Thursday between 10.30am and 11.30am. This is followed by lunch and time to talk. You can also choose to stay on for our Inclusive Stay and Play session which runs until 2.30pm

Steps 2 and 3 are both held on Week 10. This involves a workshop to help you practise and run through the song and activity you have chosen to share, followed by the sharing event itself. This is held during our Inclusive Stay and Play session

Step 4 every term we also have a re-union meeting where parents and carers can continue to meet up to chat and try out new activities



How to apply

If you are a parent or carer you can contact us directly or attend any of our drop-in groups and we can give you a referral form. You can also speak with your Health Visitor, Family Support Worker or another professional and they can help refer you.

If you are a professional please contact us directly and we will send you a referral form

Email familyadmin@markfield.org.uk

Phone 020 8800 4134

Address Stepping Stones, Markfield,
Markfield Road, London N15 4RB



Getting to Markfield

Address: Markfield Rd, London , N15 4RB

Walking: Along the River Lea towpath from Springfield and from Ferry Lane

Tube: Seven Sisters, Tottenham Hale

Bus: 41, 76, 123, 149, 243, 251, 259, 279

British Rail: South Tottenham, Seven Sisters, Tottenham Hale



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