



Strengthening Families Strengthening Communities

Parenting Course
Starting on Wednesday 9th January 2019



Markfield is running our 11th parenting support programme for carers of children with Special Educational Needs (SEN) and disabilities!

Strengthening Families Strengthening Communities is a 12- week course

When: Wednesdays from 9.30am to 2.00pm, 9th Jan to 3rd April
Where: at Markfield community centre, Markfield Rd, N15 4RB

We have **12 spaces** on the course
- open to any parent or carer who has a child with additional needs or disabilities

The 12-week course will include:

- Understanding communication and how to improve this
- Introducing a ladder system of behaviour management strategies
- Reflecting on the challenges of being a parent of a child with SEN
- Reflecting on our own family values and looking at the importance of them.
- What it means to be a community
- Celebrating cultural diversity

Each session includes a free lunch, and there is a free crèche for children aged under 5

"This programme and its facilitators have opened my eyes to so much, I am much more patient with my child, more confident as a parent and use the FIRST-THEN tool all the time now - it really works. Thank you I'm so grateful!" - Parent

To book a place
please call the Markfield Family Support Team on 0203 667 5233
or email familyadmin@markfield.org.uk

