

# Annual Report2018-19



### Who we are and what we do

Markfield is an inclusive community hub where people can play, socialise and get information & support. We provide a range of services for disabled children, young people, adults and their families.

### Our purpose is:

- To enable disabled, Deaf and Autistic people to be themselves, take risks and live life to the full
- To focus on the needs of the whole family and break down isolation
- To promote respect of disabled, Deaf and Autistic people and support their full participation in society

### The core values that underpin our work are:

- Inclusive We are for disabled and non-disabled people
- Innovative We explore new ideas
- Empowering We enable participation
- Connected We are part of our community

This report shows the highlights of our work during the year April 2018 to March 2019. We are very grateful to all our funders who make this work possible – see back page for details of our funders.



### **Contact details**

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**(2)** 

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www.markfield.org.uk

@MarkfieldProj

Our centre – a Grade II listed former Victorian pump house – is within the award winning Markfield Park. Walking access is either through the park or via Markfield Road, or along the River Lea towpath. Driving – come via Markfield Road. Parking is available next to the centre.

### You can hire Markfield's amazing building and playground for your party or event.

We have a huge double height hall, a large split level soft play room, outdoor adventure playground, kitchen facilities, and much more.



## Services for parents and carers

Over a thousand people over the year have benefited from our family support services run from the Markfield centre and outreach services at other local venues around Haringey. These services have been funded by the National Lottery Community Fund, Haringey Council, the Department for Education, the Jeanne and Tony Smythe Trust, the Bloomfield Trust, London Catalyst and Santander Foundation.

- The Special Educational Needs and Disabilities Information, Advice & Support Service (SENDIASS) for Haringey Council offers independent advice and support for parents/ carers of children with Special Educational Needs and Disabilities (SEND), as well as advice and support to children and young people about their rights. We offer advice surgeries, individual casework support, a telephone helpline, and training workshops for parents.
- Advice surgeries: We have continued to provide • advice surgeries to help with Disability Living Allowance (DLA) and Personal Independence Payment (PIP) claims and appeals. We secured a further three years' funding from The National Lottery Community Fund, allowing us to increase the offer to help families with disability benefits, behaviour management, transition & adulthood and support to find outr about and access other services.
- **Info Hub** is a Friday morning drop-in session for families facilitated by volunteers, allowing parents to access information and resources online, and get help with form filling. This runs at the same time as the parent/carer support group – see below.



- **Parents support groups:** We have run three groups each week in term time: a general group for all parents/carers, and a Turkish-speaking parents group, and a Transition & Adulthood group (for carers of young adults). The groups aim to support families to make friends, build support networks and share skills and relax.
- Training workshops: our workshops for parents and carers on topics including: 'understanding the SEND system', 'positive behaviour management', 'Makaton' and 'understanding autism', 'communication and developmental play'. We also provide courses for parents: a 12week parenting training course: 'Strengthening Families Strengthening Communities', and 'Stepping Stones', our structured 10-week course for parents of children under five equips parents/ carers with knowledge and skills to interact more confidently with their children through play and music.

# Services for children and families



Our year-round programme of afterschool clubs and holiday playschemes for disabled children and young people and their siblings, and play drop-in sessions for families have been funded this year by BBC Children in Need, the Tottenham Grammar School Foundation, the MSN Fund, the Mayor's Fund, The Jack Petchey Foundation and individual short breaks personal budgets.

Our play sessions offer children a wide range of activities in our huge accessible adventure playground with climbing structures, zip wire, bonfire pit, swings, slides, and indoors a large hall, soft play room, sensory room and music equipment. Activities the children can chose include: arts & crafts, messy play, water play, football, basketball, music, table football, pool, den building, accessible bikes, BBQs, cooking, drama, photography, nature walks, berry picking, dressing up, and face painting.

• After school clubs and playschemes: Over the year some 90 children & young people have attended our term-time clubs and play schemes. This includes children with a wide range of needs, including autism, learning disabilities, wheelchair users and those with high behaviour support needs many of whom have experienced exclusion from other settings. We have provided a free cooked lunch on our holiday playschemes funded by the Mayor of London's Kitchen Social project.

"My child always comes home from Markfield happy" <sup>parent</sup>

• Our Saturday adventure playground Open Access drop-in was attended by over 320 children over the year. The session has a very loyal core of users, and also draws new people that pass by in the park. The sessions have brought more local families into contact with Markfield's other support services, such as advice surgeries and parents groups. This project also includes work experience placements for young people, to help them build skills and experience for working in an inclusive play setting as well as general employment skills.



- Under fives stay and play drop-in: our popular weekly stay and play session for children under five and parents and carers enables families to enjoy inclusive indoor and outdoor play activities and meet other families. This year yoga activities were introduced within the sessions, which has proved very popular. There is also a proactive teaching of Makaton signing. Some 134 children attended the play drop-in over the year.
- Family Club runs monthly on Saturdays offering families with children with Special Educational Needs and disabilities (SEND) the opportunity to meet and socialise together, enjoy indoor and outdoor activities, a shared lunch, and the opportunity to access advice, information and support in a friendly and inclusive environment.

### Services for young people and adults

Our daytime and evening social clubs and travel training scheme for adults with learning disabilities have been attened by a total of 65 people over the year. These services have been funded by The Leathersellers' Company, Haringey Active Travel Grant, and session fees from local authority social care personal budgets.

> "I used to be very angry. Markfield helped me calm down I can be myself there" young person

- Markfield@Nite is a weekly Friday evening social session run by an elected committee of club members. Club members develop their DJ skills, and a dance tutor who leads a one-hour dance session. The session also provides a quieter art group as well as a 'mocktail' bar, movies and cooking activities, arts and craft activities, cooking, choir sessions, film screenings, as well as regular men's and women's discussion groups. The club members also go on pub and restaurant outings, with the venues selected by the service user committee.
- Art Engine is a daytime session which gives adults with learning disabilities the chance to develop and showcase new arts based skills. Art Engine members have worked on a range of art media and have exhibited their work at various venues in the local area. This year the group worked with six different artists from Park Studios, as well as exhibiting their work at the Park Studios' Open Studios event, and built on their links with Bow Arts and other local artists. The group have also gone on organised group walks to local parks.
- All for One Club is a Monday evening club for young adults with autism or Asperger's Syndrome. Sessions which enable them to build social skills, participate in arts and sports

activities and enjoy trips to local social amenities in a relaxed and supportive session. The club members also discuss issues which affect their well-being in a safe and supportive group, where diversity is enjoyed and celebrated.

- **Cosmos Club** a daytime club focussing on access activities and facilities in the community as well as participating in art, gardening, wellbeing activities, and relaxation sessions. The group allows those who attend to explore their interests and develop social skills in a relaxed and individual way.
- **Travel Training:** With funding from a Haringey Smarter Travel grant we have continued to offer travel training to adults with learning disabilities to increase their knowledge of and confidence in using public transport, offer wider life experience and support service users to learn to travel independently on public transport.

### **Our Volunteers**

Volunteers are vital to the work of our charity. They contribute to the delivery of our services across a wide range of projects: including our children and young people's after-school clubs and playschemes, adults' social clubs, drop-ins and family support services. Volunteers also contribute to the behind-the-scenes work – such as publicity, maintenance and administration. In total during the year April 2018 to March 2019 over 1,800 hours of time were given by volunteers to support the work of Markfield.



### Statement of financial activities (summary income and expenditure account) for the year ending 31st March 2019

	Unrestricted Funds	Restricted Funds	2019 Total	2018 Total
	£	£	£	£
Income				
Grants, donations	93,055	19,980	113,035	60,633
and legacies				
Income from	168,039	258,964	427,003	536,807
charitable activities				
Income from	20,504	-	18,504	18,274
other trading activities				
Investment income	573	-	573	347
Total Income	282,171	278,944	561,115	616,061
Expenditure				
Cost of raising funds	15,523	-	15,523	6,222
Expenditure	264,887	271,741	536,628	610,153
on charitable activities				
Total Expenditure	280,410	271,741	552,151	616,375
Net income and net movement	1,761	7,203	8,964	(314)
in funds for the year				
Reconciliation of funds:				
Total funds, brought forward	163,637	120,958	284,595	284,909
Total funds, carried forward	165,398	128,161	293,559	284,595

### Members of the Executive Committee

Markfield is governed by an Executive Committee which is made up of volunteers, service users, parents and carers, who are elected by members at the Annual General Meeting. The following people served as members of the Executive Committee during the year 2018-19: Michelle Abdin, Claire Bendall, Clare Croft-White, Warren Hoskins (Treasurer), Dee Kushlick-Williams (Chair), John Larkin, Melian Mansfield, Charity Omungu, Jeremy Spooner. Haringey Council representatives without voting rights: Councillor Barbara Blake, Councillor Felicia Opoku. Company Secretary: Keith Fair

### Our funders during 2018-19 were:

Haringey Council, BBC Children In Need, National Lottery Community Fund, The Jeanne & Tony Smythe Trust, Bloomfield Trust, Department for Education, Jack Petchey Foundation, Leathersellers' Company, Santander Foundation, The Kathleen & Beryl Sleigh Charitable Trust, Screwfix Foundation, Aviva Community Fund, MSN Fund, London Catalyst, Council for Disabled Children, Tottenham Grammar School Foundation, and other individual donors.

#### Opinion

In our opinion the summarised financial statement is consistent with the full financial statements and the Executive Committee's Annual Report of the Markfield Project for the year ended 31 March 2019. Ramon Lee and Partners, September 2019



#### Auditors

Ramon Lee and Partners Eagle House, 167 City Road, LONDON EC1V 1AW

#### **Bankers**

The Co-operative Bank PO Box 250, Delf House Skelmersdale, WN8 6WT CCLA Management Ltd 80 Cheapside London EC2V 6DZ