

Strengthening Families Strengthening Communities

Free parenting course in Haringey April to July 2021

Markfield is running a free parenting support programme especially for Haringey parents, funded by the National Lottery Community Fund and Haringey Council

This 13-week course *Strengthening Families Strengthening Communities* is delivered by qualified facilitators and accredited by the Race Equality Foundation, and includes:

- Reflecting on the challenges of being a parent, and our own family values
 - Understanding communication and how to improve this
 - Introducing a ladder system of behaviour management strategies
 - What it means to be a community and celebrate cultural diversity
- Each session includes a free lunch and a crèche.

Dates: Friday 23rd April to 23rd July 2021 – see all 13 dates below

Times: 9.30am to 2.00pm

Where: at Markfield community centre, Tottenham, N15 4RB – see map below

Introductory session: Friday 23rd April 2021 All session dates:

April:	Introduction:		Fri 23 rd	Fri 30 th
May:	Fri 7 th	Fri 14 th	Fri 21 st	Fri 28 th
June:	Half term	Fri 11 th	Fri 18 th	Fri 22 th
July	Fri 2 th	Fri 9 th	Fri 16 th	Fri 23 rd

We have 8 places on the course.
Places are free and are open to Haringey parents & carers.
To participate you need to commit to attending all 13 of the sessions in the course – see dates above.

To book a place:

call Silvia at Markfield on 0203 667 5226

or

email: shurtado@markfield.org.uk

