



Strengthening Families Strengthening Communities

Free parenting course in Haringey April to July 2022

Markfield is running a free 13-week parenting support programme

The *Strengthening Families Strengthening Communities* course is delivered by qualified trainers and is accredited by the Race Equality Foundation. The course includes:

- Understanding communication and how to improve this
- Introducing a ladder system of behaviour management strategies
- Reflecting on the challenges of being a parent, and on our own family values
- What it means to be a community and celebrate cultural diversity

Each session includes a free lunch, and a free crèche is provided

Dates: Wed 20th April to Wed 20th July 2022 (see all session dates below)

Times: 9.45am to 2.00pm one day a week

Where: at Markfield community centre, Tottenham, N15 4RB (see map below)

Introductory session: Wednesday 20th April 2022 All session dates:

April	Introduction : Wed 20 th	Wed 27 th			
May	Wed 4 th	Wed 11 th	Wed 18 th	Wed 25 th	Half term break
June	Wed 8 th	Wed 15 th	Wed 22 nd	Wed 29 th	
July	Wed 6 th	Wed 13 th	Wed 20 th		

Places are free

To participate you need to commit to attending all the 13 sessions in the course – see all dates above.

To book a place:

or to find out more information

call Markfield on 0203 667 5233

(leave a message with your name and number)

or

email: familyadmin@markfield.org.uk

