

Markfield Welcome Pack



Summer 2022

About Markfield

Markfield is an inclusive community hub where people can play, socialise and get information and support. Markfield was founded in 1979 by parents of disabled children. We are an independent registered charity.

Hello and welcome!

On behalf of our staff and volunteers, a warm welcome to Markfield.

With this pack we aim to give you all the information you need to start using our services. We hope you will find the support you need, and that your children can enjoy fun activities.

Markfield was founded by parents like you, who wanted to give their children enriching and fun-packed activities. Over the years we have strived to meet the needs of the whole family. You are at the heart of what we do and how we do it, so once you start using our services, please do let us know how we are doing.

Silvia Hurtado
Director, Markfield



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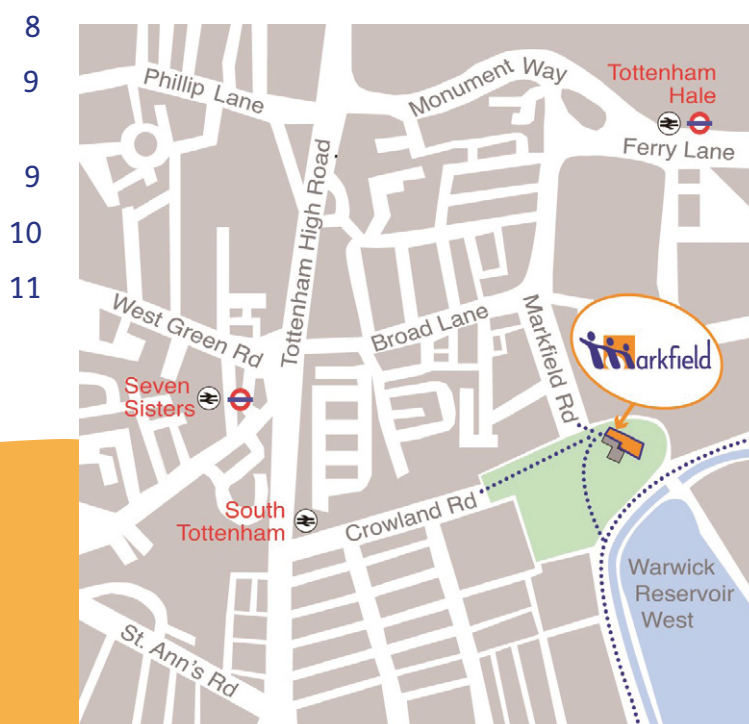
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Contact details

- 📞 020 8800 4134
- @ enquiries@markfield.org.uk
- 💻 www.markfield.org.uk
- 🐦 @MarkfieldProj
- 📷 @themarkfieldproject

How to find us

- 3 The Markfield Project, Markfield Road, N15 4RB
- 4 **Tube:** Seven Sisters, Tottenham Hale
- 5 **Bus:** 41, 76, 123, 149, 243, 259, 279
- 5 **Rail:** South Tottenham, Seven Sisters, Tottenham Hale
- 6 **Driving:** Vehicle access is via Markfield Road. There
- 7 is limited parking next to the centre





Family Play Sessions

Just drop in, no need to book!

Saturday Open Access

Drop in to play in our Adventure Playground on Saturdays between 11am and 3pm.

We have big play structures with slides, swings, climbing frames, zip wire, and bonfire pit.

Age range: up to 16 years. Under 8s need to come with an adult parent/carer. Children over 8 years who can play without support are welcome to come on their own.

When: Saturdays 11am to 3pm **Cost:** £3 suggested donation

Under Fives Stay and Play

Children, mums, dads & carers have fun and make friends in our Under 5s 'Stay and Play'.

Our play sessions are fully inclusive – for both disabled and non-disabled children.

Join us for indoor and outdoor play that is creative, educational and fun including: messy play, music, toys and a soft play room.

When: Thursdays 12 to 2.30pm during term time

Cost: £3 suggested donation per family

Monday After School Play Session - for 8 to 16 year olds

Join in the fun at our drop-in Adventure Playground play sessions for children aged 8 to 16.

We have big play structures with slides, swings, climbing frames, zip wire, and bonfire pit.

Age range: 8 to 16. Children over 8 who can play without support are welcome to come on their own.

When: Mondays 3.30 to 6pm **Cost:** free

Family Club

On the second Saturday of each month during term time, Markfield hosts our ever popular Family Club. Families can access indoor activities and Adventure Playground. A shared lunch is provided and an Advice Worker is on hand to offer information and advice on SEND issues.

When: Second Saturday of each month during term time from 11.30am to 2.30pm.

Cost: £3 suggested donation per family (includes lunch).



The Markfield Project
Markfield Road
N15 4RB

020 8800 4134
enquiries@markfield.org.uk
www.markfield.org.uk

After-school clubs and holiday playschemes

Our clubs and playschemes support children with a wide range of abilities and disabilities, such as Autism and Down's Syndrome. We provide up to one to one support as needed.

After school clubs

Markfield runs afternoon and evening clubs for young people, where they can socialise, relax, join in games and choose accessible activities. There is music, art, sport, films, games and plenty more to get involved with.

Summer term dates: Monday 25th April to Friday 8th July 2022 (half term is 30th May to 3rd June).

Tuesday	Wednesday	Thursday	Friday
Gems Club 4pm to 6.30pm For disabled children and siblings aged 5 to 12 years old	Fire Club 4pm to 6.30pm For disabled young people aged 14 to 25 years old	Mighty M Club 4pm to 6.30pm For disabled children aged 5 to 12 years old	CJ Club 4pm to 6.30pm For disabled children and siblings aged 11 to 19 years old
Kool Club 6.30pm to 9pm Evening session for disabled young people aged 16 to 25 years old			

If you would to book a space on a club or find out more about Children & Youth Services, please contact Robin Walton -

rwalton@markfield.org.uk 0203 667 5232

Playschemes

We run playscheme for children with disabilities and their siblings, with activities accessible to all. We welcome children and young people aged between 6 and 19 years old, between 10am and 3pm.

Our half term Playscheme runs from 30th May to 1st June 2022

Our Summer Playscheme runs from 1st to 26th August 2022

Activities & facilities at Markfield include:

- Adventure playground with dens, swings, slides, bonfire, sandpit and zip wire
- Arts, crafts, textile, music and gardening and cooking activities
- Trampoline, football and basketball
- Split level soft play room, large hall

Cost

The cost for each child is based on the support they need. Families who qualify for a 'short breaks' personal budget from the Local Authority can use this to pay for after school clubs and playschemes.

We also have some free places for young people with additional needs who do not qualify for a 'short breaks' personal budget.



Markfield Parent/Carer Support Groups

Come join us for a tea or coffee and snacks at one of our friendly parent/carers drop in groups. You can speak to a member of our Family Support Team and learn more about what services Markfield can offer to you and your family. We have regular guest speakers on topics relating to parenting and disabled children and special events.

Friday Parents support drop-in

Our Parent Support Group provides an opportunity for parents, carers and friends of disabled people to socialise and build networks of support by sharing knowledge in a relaxed, informal and inclusive setting.

When: Fridays 10am to 12 noon in school term times **Cost:** Free

Summer term dates: Friday 21st April to Friday 15th July 2022

Advice and support

Disability Benefits

We offer free one-to-one appointments to help you with filling in forms for disability benefits such as Disability Living Allowance (DLA) and Personal Independence Payment (PIP). We can also help with applications for Carers' Allowance, Blue Badge or Taxi Card.

We run free online information sessions about how to apply for DLA and PIP.

Signposting to Services

We can signpost parents and carers to other services to meet their needs.

How to book appointments

Please telephone our Family Team Administrator on **020 3667 5233**

or send an email to **familyadmin@markfield.org.uk**

Free consultations for parents with an Educational Psychologist

Are you worried about your child's development, learning, emotional well-being or behaviour?

Then book a free 40-minute one-to-one consultation with an educational psychologist from Haringey Educational Psychology (EP) Service. The EP can talk through your concerns with you, help you make a plan of action and signpost you to sources of help and support.

The consultation sessions happen at Markfield community centre, or by telephone if you prefer.

How to book: send an email with your **name** and **telephone number** to **familyadmin@markfield.org.uk** or telephone: **0203 667 5233**

Special Educational Needs & Disabilities Information, Advice and Support Service



The Haringey Special Educational Needs & Disabilities Information, Advice and Support Service (**SENDIASS**) is provided by Markfield. **SENDIASS** is a **free, impartial and confidential** service for Haringey residents. We offer parents, carers, and children and young people who have (or may have) special needs:

- **Help to navigate** and understand the procedures and services to support children and young people with SEND, aged from 0 to 25 years
- **Advice** about your options to access education, health and social care services
- **Support to** contribute your views to assessments and reviews, fill in forms and prepare for meetings
- **Help when things go wrong**, including support with disagreement resolution and mediation
- **Support** around school exclusions, and with complaints/appeals on SEND-related matters.

Contact SENDIASS

Telephone the SENDIASS helpline: **020 8802 2611**

(if you cannot get through please leave a short message and we will call you back)

Email: sendiass@markfield.org.uk

Drop in to Markfield Community Centre N15 4RB on Thursdays between 10 am and 12 pm to see an advice worker

Drop in to our monthly **Family Club** at the Markfield centre, on the second Saturday of each month in school term-times, from 11:30 am to 2:30 pm

www.markfield.org.uk/sendiass-2/

The SENDIASS service is funded by Haringey Council

SENDIASS information sessions for parents and carers

Our SENDIASS Team runs a programme of online information sessions on various aspects of Special Educational Needs (SEN) procedures. These sessions are FREE for parents/carers of children and young people with additional needs living in Haringey.

Requesting an EHC Needs Assessment

10am to 12pm on Tuesday 10th May 2022

Online

An overview of the process of requesting an Educational Health & Care needs assessment for a child with additional needs

Appealing to the SEND Tribunal: over 'Refusal to Assess'

10am to 12pm on Tuesday 17th May 2022

Online

Explaining your options if you have requested an EHC Needs Assessment and the Local Authority has refused to proceed

EHC Plan Annual Reviews

10am to 12pm on Tuesday 24th May 2022

Online

An overview of the annual Review process for Education, Health & Care Plans, and advice on how to make the most of your child's Annual Review

Personal Budgets for Short Breaks

10am to 12pm on Tuesday 14th June 2022

In person at the Markfield Centre

The Personal Budget scheme for disabled children, including the assessment process, your choices and what support should be provided.

Guide to the Resource Allocation Form

12:30 - 2:30 pm on Tuesday 14th June 2022

In person at the Markfield Centre

A step-by-step guide on how to complete a Resource Allocation Form to apply for Personal Budget.

Understanding the SEN System

10am to 2 pm on Tuesday 21st June 2022

Online

The key principles of the Special Educational Needs and Disabilities (SEND) Code of Practice, covering levels of SEND provision in schools, setting targets, Education Health Care Plans and Annual Reviews.

School Exclusions

10am to 12pm on Tuesday 28th June 2022

Online

An explanation of the exclusion process including how schools can avoid making exclusions and how parents/carers should be involved. An overview of the national guidance and law around exclusions in relation to children with special needs.

Online training courses are delivered via the Zoom application. (If you need support with setting up zoom please let us know when booking). You will be emailed a link the day before the session.

To book a place

Email sendiass@markfield.org.uk or Telephone the SENDIASS team on 020 8802 2611 (leave a message and we will get back to you)

Markfield Volunteer befriending scheme

Our befriending scheme offers extra support to disabled people and their families by placing a volunteer with a family to offer additional support. This could include playing with the children, helping the family to go out in the community, spending time with the parents or supporting a young adult in developing their interests and independence.

If you are interested in becoming a volunteer with our befriender scheme, we offer a free five-day training. You will gain employment skills during your placement and volunteering as a befriender and this can be a pathway to working with children and families.

Would your family benefit from having a volunteer befriender?

Befrienders are trained volunteers who spend two hours a week with you and your family. They provide play at home, help to get out and about to local parks, a listening ear, a non-judgemental approach. Many parents have benefitted from befriender volunteers in the past.

If you think your family would benefit from the support of a volunteer befriender please contact the Volunteer Coordinator, Riccarda by email: volunteer@markfield.org.uk or telephone **0203 667 5233**



Stepping Stones course

For parents of children under 5

Stepping Stones is a 10-week specialist sensory play and language programme for children under 5 with additional needs in communication, social skills and language. The programme runs once a term with small group families.

The programme is designed to support children:

- who have a suspected or diagnosed speech and language delay or disability
- who are showing challenging behaviour or have recognised behavioural difficulties
- who may have additional sensory and developmental play needs such as autism, global delay or physical disabilities

Stepping Stones supports parents and carers:

- to better understand their child's play needs
- by offering a supportive, informal environment where they can learn, experiment and share
- by giving lots of ideas for fun games, activities and songs that help develop a child's speech, language, social communication and play skills
- by offering further opportunity to play in an inclusive and supported environment
- by encouraging the sharing of what has been learned with others

Strengthening Families Strengthening Communities

Parenting course

Markfield runs a free parenting support programme especially for parents and carers of children with additional needs and disabilities.

The Strengthening Families Strengthening Communities 13-week course helps parents with:

- Understanding how communication works and how to better communicate with your child
- Strategies to improve your behaviour management skills
- Reflecting on the challenges of being a parent and on our own family values
- Building community links and celebrating cultural diversity

Our Strengthening Families Strengthening Communities parenting course is delivered by qualified trainers accredited by the Race Equality Foundation.

Each session includes a free lunch and a crèche

How to book

To book on these training courses or get more information:

Telephone 0203 667 5233 or **email:** familyadmin@markfield.org.uk

Social clubs for adults with learning disabilities and autism

Markfield's adult services are for people with learning disabilities or autism who are aged over 18 years. All clubs run for a total of 36 weeks a year in term-time. The club places are booked on a termly basis.

Summer term dates: Monday 25th April to Monday 25th July 2022 (half term is 30th May to 3rd June).

Our clubs provide creative and social spaces where you can share and learn new skills, make friends, keep active and have fun.

Art Engine is a weekly art club run on Mondays from 11am to 3pm. We provide a range of activities focussed on developing creativity and art skills. These range from sculpture, printmaking, poetry and drama to cooking, yoga and craft based activities and trips.

All for One is a club for autistic young people who meet on Mondays from 6.30pm to 9.00pm. This group enjoy music, craft, discussion groups, fitness sessions, dance and DJing and trips.

Cosmos Rainbow Club runs on Tuesdays from 10.30am to 3.00pm. This structured session supports service user to take part in a healthy cooking, music, dance and craft based activities.

Markfield at Nite is where the weekend begins, with this music and dance based social club running from 6.30pm to 9.00pm on Friday evenings. This lively session with a 'night club' feel is run by its own elected committee who make decisions on trips and activities. The club also holds regular men and women's discussion groups exploring issues such as relationships, politics and health.

Costs

Fees for the clubs vary depending on whether it is a daytime or evening clubs, the level of support the person needs and transport requirements.

If you are interested in attending one of our adult clubs please contact Roz Corrigan on 020 3667 5227 or email rcorrigan@markfield.org.uk



Some other sources of support

- **Haringey Local Offer website** <https://www.haringey.gov.uk/children-and-families/local-offer>

The Local Offer is a website with information for parents/carers of children with special educational needs and/or disabilities. It explains the support offered in Haringey for those children with SEND.

- **Contact** <https://contact.org.uk/>

The national charity for families with disabled children

- **National Autistic Society** <https://www.autism.org.uk/>

Charity for people on the autism spectrum and their families

- **IPSEA** <https://www.ipsea.org.uk/>

IPSEA offers free and independent legally based information, advice and support to help get the right education for children and young people with all kinds of special educational needs and disabilities.

Support our work

Donate to Markfield

Donations are always welcome big or small. Every donation helps our work. For details of how to donate to Markfield please see our website: <https://markfield.org.uk/get-involved/donate-or-fundraise/> or telephone: **020 8800 4134**

Become a member of Markfield

Another way to actively support our charity is to become a member.

As a member you will be invited to our Annual General Meeting where we elect the Trustee Board members.

Hire the Markfield centre for your party or event

Markfield is a beautiful historic building in the heart of Tottenham's award-winning Markfield Park. You can hire our space for small and large-scale parties, meetings, training, away days or exercise classes.

Contact us for more information about hiring the centre, making a donation or becoming a member: Telephone: **020 8800 4134** Email: enquiries@markfield.org.uk

Thank you to all our funders

