

# Markfield Welcome Pack



## Autumn 2022

# About Markfield

Markfield is an inclusive community hub where people can play, socialise and get information and support. Markfield was founded in 1979 by parents of disabled children. We are an independent registered charity.

## Hello and welcome!

On behalf of our staff and volunteers, a warm welcome to Markfield.

With this pack we aim to give you all the information you need to start using our services. We hope you will find the support you need, and that your children can enjoy fun activities.

Markfield was founded by parents like you, who wanted to give their children enriching and fun packed activities. Over the years we have strived to meet the needs of the whole family. You are at the heart of what we do and how we do it, so once you start using our services, please do let us know how we are doing.



Silvia Hurtado  
Director, Markfield

## Contents

- **Family** play drop-ins
- **Childrens after school clubs and playschemes**
- **Parent/carer** support groups
- Advice on **disability benefits**
- SEND **Information Advice & Support**
- **Training sessions** for parents
- Volunteer befriending scheme
- Stepping Stones - for **children under 5**
- Strengthening Families Strengthening Communities **course**
- **Social clubs for disabled adults**
- Other sources of support

## Contact details

- ☎ 020 8800 4134
- @ enquiries@markfield.org.uk
- 💻 www.markfield.org.uk
- 🐦 @MarkfieldProj
- 📷 @themarkfieldproject

## How to find us

- 3 The Markfield Project, Markfield Road, N15 4RB
- 4 **Tube:** Seven Sisters, Tottenham Hale
- 5 **Bus:** 41, 76, 123, 149, 243, 259, 279
- 6 **Rail:** South Tottenham, Seven Sisters, Tottenham Hale
- 7 **Driving:** Vehicle access is via Markfield Road. There
- 8 is limited parking next to the centre





## Family play sessions

Just drop in, no need to book!

### Saturday Open Access

Drop in to play in our Adventure Playground on Saturdays between 11am and 3pm.

We have big play structures with slides, swings, climbing frames, zip wire, bonfire pit and trampoline.

**Age range:** up to 16 years. Under 8s need to come with an adult parent/carer. Children over 8 years who can play without support are welcome to come on their own.

**When:** Saturdays 11am to 3pm (closed 17th Dec 2022 to 28th Jan 2023) **Cost:** £3 suggested donation

### Under Fives Stay and Play

Children, mums, dads & carers have fun and make friends in our Under 5s 'Stay and Play'.

Our play sessions are fully inclusive – for both disabled and non-disabled children.

Join us for indoor and outdoor play that is creative, educational and fun including: messy play, music, toys, a soft play room and garden with playground.

**When:** Thursdays 12.00 to 2.30pm during term time: 15th September to 15th December 2022

**Cost:** £3 suggested donation per family

### Monday After School Play Session - for 8 to 16 year olds

Join in the fun at our drop-in Adventure Playground play sessions for children aged 8 to 16.

We have big play structures with slides, swings, climbing frames, zip wire, bonfire pit and trampoline.

**Age range:** 8 to 16. Children over 8 who can play without support are welcome to come on their own.

**When:** Mondays 3:30 to 6pm during term time only **Cost:** free

### Family Club

On the second Saturday of each month during term time, Markfield hosts our ever popular Family Club. Families have full access to our indoor soft play room and Adventure Playground. A shared lunch is provided and an Advice Worker is on hand to offer information and advice on SEND issues.

**When:** Second Saturday of each month during term time from 11.30am to 2.30pm.

**Cost:** £3 suggested donation per family (includes lunch).



The Markfield Project  
Markfield Road  
N15 4RB

020 8800 4134  
enquiries@markfield.org.uk  
www.markfield.org.uk



## After-school clubs and holiday playschemes

Our clubs and playschemes support children with a wide range of abilities and disabilities, such as Autism and Down's Syndrome. We provide up to one-to-one support as needed.

### After school Clubs

Markfield runs afternoon and evening clubs for children and young people where they can socialise, relax, join in games and choose accessibly activities. There is music, art, sport, films, games and plenty more to get involved with.

**Autumn term dates:** Tuesday 20th September to Friday 2nd December (half term 24th to 28th October)

Tuesday	Wednesday	Thursday	Friday
<b>Gems Club</b> 4pm to 6.30pm For siblings aged 5 to 12 years old	<b>Fire Club</b> 4pm to 6.30pm For disabled young people aged 14 to 25 years old	<b>Mighty M Club</b> 4pm to 6.30pm For disabled children aged 5 to 12 years old	<b>CJ Club</b> 4pm to 6.30pm For disabled children aged 11 to 19 years old
<b>Kool Club</b> 6:30pm to 9pm evening session for disabled young people aged 16 to 25 years old			

If you would like to book a space on a club or find out more about Children & Youth Services, please contact Robin Walton -

[rwalton@markfield.org.uk](mailto:rwalton@markfield.org.uk) 0203 667 5232

### Playschemes

We run playschemes for children with disabilities and their siblings with activities accessible to all between 10am to 3pm. We welcome children and young people aged between 6 and 19 years old.

Our half term Playscheme runs from 24th to 28th October 2022

Our Winter Playscheme runs from 21st to 23rd December 2022

### Activities & facilities at Markfield include:

- Adventure playground with dens, swings, slides, bonfire, sandpit and zip wire
- Arts, crafts, textile, music and gardening and cooking activities
- Trampoline, football and basketball
- Split level soft play room, large hall

### Cost

The cost for each child is based on the support they need.

Families who qualify for a short breaks personal budget from the Local Authority can use this to pay for after school clubs and playschemes.

We also have some free places for young people with additional needs who do not qualify for a short breaks personal budget.



## Markfield parent/carer support groups

Come join us for a tea or coffee and snacks at one of our friendly parent/carer drop in groups. You can speak to a member of our Family Support Team and learn more about what services Markfield can offer to you and your family. We have guest speakers on topics relating to parenting and disabled children.

### Friday parents support drop-in

Our parent support group provides an opportunity for parents, carers and friends of disabled people to socialise and build networks of support by sharing knowledge in a relaxed, informal and inclusive setting.

**When:** Fridays 10am to 12 noon in school term times **Cost:** Free

**Summer term dates:** Friday 16th September to Friday 16th December

## Advice and information

### Disability benefits

We offer free one-to-one appointments to help you with filling in forms for disability benefits such as Disability Living Allowance (DLA) and Personal Independence Payment (PIP). We can also help with applications for Carers' Allowance, Blue Badge and Taxi Card.

We run free online information sessions about how to apply for DLA and PIP:

- **Guide to DLA** 10am to 12pm 10th November (Online)
- **Guide to PIP** 10am to 12pm 1st Decemeber (Online)

### Signposting to services

We can signpost parents and carers to other services to meet their needs.

### How to book appointments

Please telephone our Family Team Administrator on **020 3667 5233**

or send an email to [familyadmin@markfield.org.uk](mailto:familyadmin@markfield.org.uk)

### Free consultations for parents with an Educational Psychologist

#### Are you worried about your child's development, learning, emotional well-being or behaviour?

Parents who live in Haringey can book a free 40-minute one-to-one consultation with an educational psychologist from Haringey Educational Psychology (EP) Service. The EP can talk through your concerns with you, help you make a plan of action and signpost you to sources of help and support. The consultation sessions happen at Markfield community centre, or by telephone if you prefer.

**How to book:** send an email with your name and telephone number to [familyadmin@markfield.org.uk](mailto:familyadmin@markfield.org.uk) or telephone: **0203 667 5233**

## Special Educational Needs & Disabilities Information, Advice and Support Service



The Haringey Special Educational Needs & Disabilities Information, Advice and Support Service (**SENDIASS**) is provided by Markfield. **SENDIASS** is a **free, impartial and confidential** service for Haringey residents. We offer parents, carers, and children and young people who have (or may have) special needs:

- **Help to navigate** and understand the procedures and services to support children and young people with SEND, aged from 0 to 25 years
- **Advice** about your options to access education, health and social care services
- **Support to** contribute your views to assessments and reviews, fill in forms and prepare for meetings
- **Help when things go wrong**, including support with disagreement resolution and mediation
- **Support** around school exclusions, and with complaints/appeals on SEND-related matters.

### Contact SENDIASS

**Telephone** the SENDIASS helpline: **020 8802 2611**

(if you cannot get through please leave a short message and we will call you back)

**Email:** [sendiass@markfield.org.uk](mailto:sendiass@markfield.org.uk)

**Drop in** to Markfield Community Centre N15 4RB on Thursdays between 10 am and 12 pm to see an advice worker

**Drop in** to our monthly **Family Club** at the Markfield centre, on the second Saturday each month in school term-times, from 11:30 am to 2:30 pm

**[www.markfield.org.uk/sendiass-2/](http://www.markfield.org.uk/sendiass-2/)**

The SENDIASS service is funded by Haringey Council

# SENDIASS information sessions for parents and carers

Our SENDIASS Team runs a programme of online and in-person information sessions on various aspects of Special Educational Needs and Disabilities (SEND) procedures. These sessions are FREE for parents/carers of children and young people with additional needs living in Haringey.

## SEN support in schools - for children who do not have an EHC Plan

10am to 11:30am on Tuesday 27th September  
**Online**

An explanation of the law covering the duties of schools to identify and meet the special educational needs of children who do not have an Education Health and Care Plan (EHCP). Plus an overview of Haringey guidance to schools on what they are expected to provide from the school's resources.

## Requesting an EHC Needs Assessment

10am to 11:30am on Tuesday 4th October  
**Online**

Explaining the criteria for and process of requesting an Education Health & Care needs assessment for a child with additional needs, including how to appeal if the request for a needs assessment is refused by the Local Authority.

## Personal Budgets for Short Breaks

10am to 12:30pm on Tuesday 18th October  
**In person**

Learn about Haringey's Personal Budget scheme for disabled children, including the assessment process, your choices and rights and how support should be provided.

Plus a step-by-step guide on how to complete a Resource Allocation Form (RAS) to apply for a Personal Budget.

## EHC Plan Annual Reviews

10am to 11:30 on Tuesday 8th November  
**Online**

An on overview of the Annual Review process for Education, Health & Care Plans (EHCPs) with reference to legislation and guidance in the SEND Code of Practice, plus advice on how to make the most of your child's EHCP Annual Review.

## Reviewing a draft or amended EHC Plan

10am to 11:30am on Tuesday 15th November  
**Online**

A guide on how to review the different sections of an Education Health and Care Plan (EHCP) to check that your child's needs are accurately described, and the provision in the Plan is clear, specific and quantified.

## Understanding the SEND System

12:30 - 1pm on Tuesday 22nd November  
**Online**

Key principles of the Special Educational Needs and Disabilities (SEND) Code of Practice. The system for SEND provision in schools, reviewing progress, Education Health Care needs assessments and Plans (EHCPs), Annual Reviews mediation and appealing against Local Authority decisions.

## School Exclusions

10am to 11:30 on Tuesday 29th November  
**Online**

An explanation of the exclusion procedures, and how parents/carers should be involved in the process, and your rights to appeal. An overview of the national law and guidance on exclusions in relation to children with SEND.

**Online training courses** are delivered via the Zoom application (If you need support with setting up zoom please let us know when booking). You will be emailed a link the day before the session.

### To book a place:

Email [sendiass@markfield.org.uk](mailto:sendiass@markfield.org.uk) or Telephone the SENDIASS team on 020 8802 2611 (leave a message and we will get back to you).



## Markfield volunteer befriending scheme

Our befriending scheme offers extra support to disabled people and their families by placing a volunteer with a family to offer additional support. This could include playing with the children, helping the family to go out in the community, spending time with the parents or supporting a young adult in developing their interests and independence.

**If you are interested in becoming a volunteer** with our befriender scheme, we offer a free three day training. You will gain employment skills during your placement and volunteering as a befriender and this can be a pathway to working with children and families.

### Would your family benefit from having a volunteer befriender?

Befrienders are trained volunteers who spend two hours a week with you and your family. They provide play at home, help to get out and about to local parks, a listening ear, a non-judgemental approach. Many parents have benefitted from befriender volunteers in the past.

If you think your family would benefit from the support of a volunteer befriender please contact the Volunteer Coordinator, Riccarda by email: [volunteer@markfield.org.uk](mailto:volunteer@markfield.org.uk) or telephone **0203 667 5233**





## Stepping Stones For children under 5

Stepping Stones is a 10-week specialist sensory play and language programme for children under 5 with additional needs in communication, social skills and language. The programme runs once a term with small groups of families.

### **The programme is designed to support children**

- who have a suspected or diagnosed speech and language delay or disability
- who are showing challenging behaviour or have recognised behavioural difficulties
- who may have additional sensory and developmental play needs such as autism, global delay or physical disabilities

### **It's supports parents and carers**

- to better understand their child's play needs
- by offering a supportive, informal environment where they can learn, experiment and share
- by giving lots of ideas for fun games, activities and songs that help develop a child's speech, language, social communication and play skills
- by offering further opportunity to play in an inclusive and supported environment
- by encouraging the sharing of what has been learned with others

## Strengthening Families Strengthening Communities parenting course

Markfield runs a free parenting support programme especially for parents and carers of children with additional needs and disabilities.

### **The Strengthening Families Strengthening Communities course helps parents with**

- Understanding how communication works and how to better communicate with your child
- Strategies to improve your behaviour management skills
- Reflecting on the challenges of being a parent and on our own family values
- Building community links and celebrating cultural diversity

Our Strengthening Families Strengthening Communities parenting course is delivered by qualified trainers accredited by the Race Equality Foundation.

### **Each session includes a free lunch and a crèche**

**How to book** on these training courses or get more information:

**Telephone** 0203 667 5233 or **email:** [familyadmin@markfield.org.uk](mailto:familyadmin@markfield.org.uk)

## Social clubs for adults with learning disabilities and autism

Markfield's adult services are for people with learning disabilities or autism who are aged over 18 years. All clubs run for a total of 36 weeks a year during term-time. The club places are booked on a termly basis.

**Autumn term dates:** Monday 12th Sept to Tuesday 20th Dec 2022 (half term 24th to 28th Oct 2022)

Our clubs provide creative and social spaces where you can share and learn new skills, make friends, keep active and have fun.

**Art Engine** is a weekly art club run on Mondays from 11am to 3pm. We provide a range of activities focussed on developing creativity and art skills. These range from sculpture, printmaking, poetry and drama to cooking, yoga and craft based activities and trips.

**All for One** is a club for autistic young people who meet on Mondays from 6.30pm to 9.00pm. This group enjoy music, craft, discussion groups, fitness sessions, dance and DJing and trips

**Cosmos Rainbow Club** runs on Tuesdays from 10.30am to 3.00pm. This structured session supports club members to take part in cooking, music, dance, craft based activities and trips out.

**Markfield at Nite** is where the weekend begins, with this music and dance based social club running from 6.30pm to 9pm on Friday evenings. This lively session with a 'night club' feel is run by its own elected committee, who make decisions on trips and activities. The club also holds regular men and women's discussion groups exploring issues such as relationships, politics and health.

**Costs** vary depending on whether it's a day or evening club, the level of support the person requires and transport requirements.

If you are interested in attending one of our adult clubs please contact Roz Corrigan on 020 3667 5227 or email [rcorrigan@markfield.org.uk](mailto:rcorrigan@markfield.org.uk)



## Some other sources of support

- **Haringey Local Offer website** <https://www.haringey.gov.uk/children-and-families/local-offer>

The Local Offer is a website with information for parents/carers of children with special educational needs and/or disabilities. It has details of the services offered in Haringey for children with SEND.

- **Contact** <https://contact.org.uk/>

The national charity for families with disabled children

- **National Autistic Society** <https://www.autism.org.uk/>

Charity for people on the autism spectrum and their families

- **IPSEA** <https://www.ipsea.org.uk/>

IPSEA offers free and independent legally based information, advice and support to help get the right education for children and young people with all kinds of special educational needs and disabilities.

## Support our work

### Donate to Markfield

Donations are always welcome big or small. Every donation helps out work For details of how to donate to Markfield please see our website: <https://markfield.org.uk/get-involved/donate-or-fundraise/> or telephone: 020 8800 4134

### Become a member of Markfield

Another way to actively support our charity is to become a member.

As a member you will be invited to our Annual General Meeting where we elect the Trustee Board members.

### Hire the Markfield centre for your party or event

Markfield is a beautiful historic building in the heart of Tottenham's award-winning Markfield Park. You can hire our space for small and large-scale parties, meetings, training, away days or exercise classes.

**Contact us** for more information about hiring the centre, making a donation or becoming a member: Telephone: 020 8800 4134 Email: [enquiries@markfield.org.uk](mailto:enquiries@markfield.org.uk)

Thank you to all our funders

