

Markfield Welcome Pack



Spring 2024

About Markfield

Markfield is an inclusive community hub where people can play, socialise and get information and support. Markfield was founded in 1979 by parents of disabled children. We are an independent registered charity.

Hello and welcome!

On behalf of our staff and volunteers, a warm welcome to Markfield.

With this pack we aim to give you all the information you need to start using our services. We hope you will find the support you need, and that your children can enjoy fun activities.

Markfield was founded by parents like you, who wanted to give their children enriching and fun packed activities. Over the years we have strived to meet the needs of the whole family. You are at the heart of what we do and how we do it, so once you start using our services, please do let us know how we are doing.

Silvia Hurtado
Director, Markfield



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Contact details

-  020 8800 4134
-  enquiries@markfield.org.uk
-  www.markfield.org.uk
-  @MarkfieldProj
-  @themarkfieldproject

How to find us

- 3 The Markfield Project, Markfield Road, N15 4RB
- 4 **Tube:** Seven Sisters, Tottenham Hale
- 5 **Bus:** 41, 76, 123, 149, 243, 259, 279
- 5 **Rail:** South Tottenham, Seven Sisters, Tottenham Hale
- 6 **Driving:** Vehicle access is via Markfield Road. There is limited parking next to the centre
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Family play sessions

Just drop in, no need to book!

Saturday Open Access

Drop in to play in our Adventure Playground on Saturdays between 11am and 3pm.

We have big play structures with slides, swings, climbing frames, zip wire, bonfire pit and trampoline.

Age range: up to 16 years. Under 8s need to come with an adult parent/carer. Children over 8 years who can play without support are welcome to come on their own.

When: Saturdays 11am to 3pm except bank holiday weekends **Cost:** £3 suggested donation

Under Fives Stay and Play

Children, mums, dads & carers have fun and make friends in our Under 5s 'Stay and Play'.

Our play sessions are fully inclusive – for both disabled and non-disabled children.

Join us for indoor and outdoor play that is creative, educational and fun including: messy play, music, toys, a soft play room and garden with playground.

When: Thursdays 12.00 to 2.30pm during term time: 11th January to 28th March

Cost: £3 suggested donation per family

Monday After School Play Session - for 8 to 16 year olds

Join in the fun at our drop-in Adventure Playground play sessions for children aged 8 to 16.

We have big play structures with slides, swings, climbing frames, zip wire, bonfire pit and trampoline.

Age range: 8 to 16. Children over 8 who can play without support are welcome to come on their own.

When: Mondays 3:30 to 6pm during term time only except bank holidays

Cost: free

Family Club

On the second Saturday of each month during term time, Markfield hosts our ever popular Family Club. Families have full access to our indoor soft play room and Adventure Playground. A shared lunch is provided and a SENDIASS Advice Worker is on hand to offer information and advice on SEND issues.

When: Second Saturday of each month during term time from 11.30am to 2.30pm

There is no family club in January, the first will be 10th February then 9th March 2024

Cost: £3 suggested donation per family (includes lunch)

After-school clubs and holiday playschemes

Our clubs and playschemes support children with a wide range of abilities and disabilities, such as Autism and Down's Syndrome. We provide up to one-to-one support as needed.

After school Clubs

Markfield runs afternoon and evening clubs for children and young people, where they can socialise, relax, enjoy indoor and outdoor play activities, music, art, sport, films and plenty more.

If you would to book a space on a club or find out more about Children & Youth Services, please email enquiries@markfield.org.uk or call us 0203 667 5232

- Tuesdays: 4 to 6.30pm **Gems club** - for siblings of disabled children aged 5 to 12
- Tuesdays: 6.30 to 9pm **Kool Club** - for disabled young people aged 16 to 25
- Wednesdays: 4 to 6.30pm **Fire Club** - for disabled young people aged 14 to 25
- Thursdays: 4 to 6.30pm **Mighty M Club** - for disabled children aged 5 to 12
- Fridays: 4 to 6.30pm **CJ Club** - for disabled young people aged 12 to 19

Spring term dates: Tuesday 9th January to Thursday 22nd March (half term 12th to 16th February)

Playschemes

We run playschemes for children with disabilities and their siblings with activities accessible to all between 10am to 3pm. We welcome children and young people aged between 6 and 19 years old.

Playscheme half term dates: Monday 12th to Friday 16th February

Easter Holidays dates: Tuesday 2nd to Friday 12th April

Cost

The cost for each child is based on the support they need.

Families who qualify for a short breaks personal budget from the Local Authority can use this to pay for after school clubs and playschemes.

We also have some free and subsidised places for young people with additional needs who do not qualify for a short breaks personal budget.

Free clubs

Saturday autistic youth club

This once-a-month Saturday club is for young people aged 12 to 17 years old who have a recent diagnosis of autism, or who are on the waiting list for an autism assessment. Please contact us for further details

Gems siblings afterschool club

This weekly Tuesday club is for children aged 5 to 12 who have a disabled brother or sister.

Activities & facilities at Markfield include:

- Adventure playground with dens, swings, slides, bonfire, sandpit and zip wire
- Arts, crafts, textile, music and gardening and cooking activities
- Trampoline, football and basketball
- Split level soft play room, large hall



Markfield parent/carers support groups

Come join us for a tea or coffee and snacks at one of our friendly parent/carers drop in groups. You can speak to a member of our Family Support Team and learn more about what services Markfield can offer to you and your family. We have guest speakers on topics relating to parenting and disabled children.

Friday parents support drop-in

Our parent support group provides an opportunity for parents, carers and friends of disabled people to socialise and build networks of support by sharing knowledge in a relaxed, informal and inclusive setting.

When: Fridays 10am to 12 noon in school term times **Cost:** Free

Spring term dates: Friday 12th January to Friday 22nd March 2024 (no group on 16th February)

Autism parent support meetings

We hold regular meetings for parents of children and young people who are either on the waiting list for an autism assessment, or have had a recent autism diagnosis. These meetings are once a month in-person, and once a month online via zoom.

In-person Autism Support Parents' meetings	Online Autism Support Parent' meetings
When: Last term time Friday of the month at 10 am to 12 pm	We host a variety of talks online focusing on different topics. You can find more information about these on our Eventbrite page below.
Where: at the Markfield Project	Cost: free
Cost: free. <i>No need to book in advance, just turn up</i>	Book via Eventbrite:
Dates for Spring term: Friday 26 th January, Friday 23 rd February and Friday 22 nd March	www.eventbrite.co.uk/o/markfield-31140926185

Advice and information

Disability benefits

We offer free one-to-one appointments to help you with filling in forms for disability benefits such as Disability Living Allowance (DLA) and Personal Independence Payment (PIP). We can also help with applications for Carers' Allowance, Blue Badge and Taxi Card.

We run free information sessions about how to apply for DLA and PIP:

- **DLA workshop** Thursday 22nd February
- **Family Fund Workshop** Thursday 21st March

Autism information

One-to-one appointments:

- For parents of children either on the waiting list for an autism assessment, or recently diagnosed. Please contact us for more details.
- For autistic young people (or who are on the waiting list for assessment) aged 16 to 25

Providing information to help you navigate the health, education and social care services in Haringey for autistic children and young people, plus help to understand what the diagnosis means.

How to book appointments

Please telephone our Family Team Administrator on 020 3667 5233 or send an email to familyadmin@markfield.org.uk

Special Educational Needs & Disabilities Information, Advice and Support Service



The Haringey Special Educational Needs & Disabilities Information, Advice and Support Service (**SENDIASS**) is provided by Markfield. **SENDIASS** is a **free, impartial and confidential** service for Haringey residents. We offer parents, carers, and children and young people who have (or may have) special needs:

- **Help to navigate** and understand the procedures and services to support children and young people with SEND, aged from 0 to 25 years
- **Advice** about your options to access education, health and social care services
- **Support to** contribute your views to assessments and reviews, fill in forms and prepare for meetings
- **Help when things go wrong**, including support with disagreement resolution and mediation
- **Support** around school exclusions, and with complaints/appeals on SEND-related matters.

Contact SENDIASS

Telephone the SENDIASS helpline: **020 8802 2611**

(if you cannot get through please leave a short message and we will call you back)

Email: sendiass@markfield.org.uk

Drop in to Markfield Community Centre N15 4RB on Thursdays between 10 am and 12 pm to see an advice worker (term time only)

Drop in to our monthly **Family Club** at the Markfield centre, on the second Saturday each month in school term-times, from 11:30 am to 2:30 pm

www.markfield.org.uk/sendiass/

The SENDIASS service is funded by Haringey Council

Free consultations for parents with an Educational Psychologist

**Are you worried about your child's development, learning,
emotional well-being or behaviour?**

Parents who live or attend school in Haringey can book a free 40-minute one-to-one consultation with an educational psychologist from Haringey Educational Psychology (EP) Service. The EP can talk through your concerns with you, help you make a plan of action and signpost you to sources of help and support. The consultation sessions happen at Markfield community centre, or by telephone if you prefer.

How to book: send an email with your **name** and **telephone number** to familyadmin@markfield.org.uk or telephone: **0203 667 5233**

SENDIASS information sessions for parents and carers

Our SENDIASS Team runs a programme of online and in-person information sessions on various aspects of Special Educational Needs and Disabilities (SEND) procedures. These sessions are FREE for parents/carers of children and young people with additional needs living in Haringey.

SENDIASS online and in person sessions

**SEN support in schools -
for children who do not have an EHC Plan**
Tuesday 30th January 10am - 11:30 **Online**

An explanation of the law covering the duties of schools to identify and meet the special educational needs of children who do not have an Education Health and Care Plan (EHCP). Plus an overview of Haringey guidance to schools on what they are expected to provide from the school's resources.

Requesting an EHC Needs Assessment and what should be in a good EHC plan
Tuesday 6th February 10am - 11:30am **Online**

Explaining the criteria for and process of requesting an Education Health & Care needs assessment for a child with additional needs, including how to appeal if the request for a needs assessment is refused by the Local Authority.

Getting the right support in school for your autistic child
Tuesday 27th February 10am-11:30am **Online**

How to navigate the special education needs system, focussing on what help is available in mainstream schools for autistic children and those waiting for autism assessments.

Personal Budgets for Short Breaks
Thursday 14th 7March 10am-12pm **In person**

Learn about Haringey's Personal Budget scheme for disabled children, including the assessment process, your choices and rights and how support should be provided. Plus a step-by-step guide on how to complete a Resource Allocation Form (RAS) to apply for a Personal Budget.

Understanding the SEND System
Tuesday 26th March 10am - 11:30am **Online**

Key principles of the Special Educational Needs and Disabilities (SEND) Code of Practice. The system for SEND provision in schools, reviewing progress, Education Health Care needs assessments and Plans (EHCPs), Annual Reviews mediation and appealing against Local Authority decisions.

Educational Psychologist Webinars

Emotional coaching
Friday 9th February 1pm-2pm **Online**

This webinar will focus on Emotional Literacy, attunement and strategies to manage behaviour – for parents of primary aged children

Sleep
Thursday 29th February 12pm-1pm **Online**

Explaining the criteria for and process of requesting an Education Health & Care needs assessment for a child with additional needs, including how to appeal if the request for a needs assessment is refused by the Local Authority.

Online training courses are delivered via the zoom application (If you need support with setting up zoom please let us know when booking). You will be emailed a link the day before the session.

To book a place:

Email sendiass@markfield.org.uk or telephone the SENDIASS team on 020 8802 2611 (leave a message and we will get back to you).

Transition to Adulthood Mentoring

Our transition to adulthood programme provides bespoke support to help young people set their own goals, make informed decisions, and understand their rights as they move into adult life. Our mentor scheme matches trained volunteer mentors with a young person in transition to adulthood, supporting with trips into the community to develop confidence and skills. The young people will also meet regularly for group sessions focusing on promoting independence and developing life skills.

Markfield volunteer befriending scheme

Our befriending scheme offers extra support to disabled people and their families by placing a volunteer with a family to offer additional support. This could include playing with the children, helping the family to go out in the community, spending time with the parents or supporting a young adult in developing their interests and independence.

If you are interested in becoming a volunteer with our befriender scheme, we offer a free four day training. You will gain employment skills during your placement and volunteering as a befriender and this can be a pathway to working with children and families.

Would your family benefit from having a volunteer befriender?

Befrienders are trained volunteers who spend two hours a week with you and your family. They provide play at home, help to get out and about to local parks, a listening ear, a non-judgemental approach. Many parents have benefitted from befriender volunteers in the past.

If you think your family would benefit from the support of a volunteer befriender please contact the Volunteer Coordinator, Riccarda by email: volunteer@markfield.org.uk or telephone **07542590698**

Training workshops for parents & carers

Training workshops are free, and we provide a crèche – please note all places **must** be booked in advance: Email: familyadmin@markfield.org.uk or telephone 0203 667 5233

Positive Behaviour Management

When: Friday 1st March and Friday 8th March

Where: The Markfield Project

Please note parents must be able to attend both sessions to participate in the training.



Stepping Stones

For children under 5

Stepping Stones is a 10-week specialist sensory play and language programme for children under 5 with additional needs in communication, social skills and language. The programme runs once a term with small groups of families.

The programme is designed to support children

- who have a suspected or diagnosed speech and language delay or disability
- who are showing challenging behaviour or have recognised behavioural difficulties
- who may have additional sensory and developmental play needs such as autism, global delay or physical disabilities

It's supports parents and carers

- to better understand their child's play needs
- by offering a supportive, informal environment where they can learn, experiment and share
- by giving lots of ideas for fun games, activities and songs that help develop a child's speech, language, social communication and play skills
- by offering further opportunity to play in an inclusive and supported environment
- by encouraging the sharing of what has been learned with others

Strengthening Families Strengthening Communities parenting course

Markfield run a free parenting support programmes especially for parents and carers of children with additional needs and disabilities.

The Strengthening Families Strengthening Communities course helps parents with

- Understanding how communication works and how to better communicate with your child
- Strategies to improve your behaviour management skills
- Reflecting on the challenges of being a parent and on our own family values
- Building community links and celebrating cultural diversity

Our Strengthening Families Strengthening Communities parenting course is delivered by qualified trainers accredited by the Race Equality Foundation.

Each session includes a free lunch and a crèche

How to book on these training courses or get more information:

Telephone 0203 667 5233 or **email:** familyadmin@markfield.org.uk

Booking required

Please telephone our Family Team Administrator on 020 3667 5233
or send an email to familyadmin@markfield.org.uk

Social clubs for adults with learning disabilities and autism

Markfield's adult services are for people with learning disabilities or autism who are aged over 18 years. All clubs run for a total of 36 weeks a year during term-time. The club places are booked on a termly basis.

Spring term dates: Monday 8th January to Tuesday 22nd March (half term 12th to 16th February)

Our clubs provide creative and social spaces where you can share and learn new skills, make friends, keep active and have fun.

Art Engine is a weekly art club run on Mondays from 11am to 3pm. We provide a range of activities focussed on developing creativity and art skills. These range from sculpture, printmaking, poetry and drama to cooking, yoga and craft based activities and trips.

All for One is a club for autistic young people who meet on Mondays from 6.30pm to 9.00pm. This group enjoy music, craft, discussion groups, fitness sessions, dance and DJing and trips

Cosmos Rainbow Club runs on Tuesdays from 10.30am to 3pm. This structured session supports club members to take part in cooking, music, dance, craft based activities and trips out.

Markfield at Nite is where the weekend begins, with this music and dance based social club running from 6.30pm to 9pm on Friday evenings. This lively session with a 'night club' feel is run by its own elected committee, who make decisions on trips and activities. The club also holds regular men and women's discussion groups exploring issues such as relationships, politics and health.

Costs vary depending on whether it's a day or evening club, the level of support the person requires and transport requirements.

If you are interested in attending one of our adult clubs please contact Roz Corrigan on 020 3667 5227 or email rcorrigan@markfield.org.uk



Some other sources of support

- **Haringey Local Offer website** <https://www.haringey.gov.uk/children-and-families/local-offer>

The Local Offer is a website with information for parents/carers of children with special educational needs and/or disabilities. It has details of the services offered in Haringey for children with SEND.

- **Contact** <https://contact.org.uk/>

The national charity for families with disabled children

- **National Autistic Society** <https://www.autism.org.uk/>

Charity for people on the autism spectrum and their families

- **IPSEA** <https://www.ipsea.org.uk/>

IPSEA offers free and independent legally based information, advice and support to help get the right education for children and young people with all kinds of special educational needs and disabilities.

Support our work

Donate to Markfield

Donations are always welcome big or small. Every donation helps out work For details of how to donate to Markfield please see our website: <https://markfield.org.uk/get-involved/donate-or-fundraise/>

or telephone: 020 8800 4134

Become a member of Markfield

Another way to actively support our charity is to become a member.

As a member you will be invited to our Annual General Meeting where we elect the Trustee Board members.

Hire the Markfield centre for your party or event

Markfield is a beautiful historic building in the heart of Tottenham's award-winning Markfield Park. You can hire our space for small and large-scale parties, meetings, training, away days or exercise classes.

Contact us for more information about hiring the centre, making a donation or becoming a member:
Telephone: 020 8800 4134 Email: enquiries@markfield.org.uk

Thank you to all our funders





What's on at Markfield January to April 2024

Together For Inclusion

Address: Markfield Park,
Markfield Road, N15 4RB

Markfield is an inclusive community hub where people can play, socialise and get information and support.
Our vision is a world where disabled, Deaf and autistic people are treated as equals, have a voice and can live the life they want.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>Special Educational Needs & Disabilities (SEND) Free advice surgeries for parents & carers and young people</p> <p>Special Educational Needs & Disabilities (SEND) Helpline Monday to Friday 9.30 to 5, extended hours Wednesdays (7pm) and Thursdays (6pm)</p> <p>Haringey Educational Psychology Team</p> <p>Free phone consultation appointments for parents/carers at various days/times. Please contact us to book an appointment – see details below</p>					<p>Drop-in</p> <p>Adventure Playground play session 11am to 3pm for children under 16 years and their parents & carers</p>
<p>Art Engine</p> <p>Daytime arts session</p> <p>11am to 3pm</p> <p>for adults with learning disabilities and autism</p> 	<p>Free training for parents / carers on SEN & disability</p> <p>See our training schedule on the website for dates</p>	<p>Strengthening Families Communities</p> <p>Free parenting course for parents & carers</p>	<p>Drop in</p> <p>SENDIASS Advice drop in</p> <p>Advice on education issues 10 to 12</p>	<p>Drop-in</p> <p>Parents support group & Information Hub</p> <p>10am to 12pm in term-time.</p> <p>Free advice drop-in for parents / carers of disabled children, with a free crèche</p> 	<p>Drop-in</p> <p>Monthly Family Club</p> <p>On the 2nd Saturday of each month</p> <p>from 11.30am to 2.30pm.</p> <p>£3 donation including lunch.</p> <p>All welcome, especially families with disabled children and young people.</p>
<p>Disability Living Allowance / PIP</p> <p>Help with claims & appeals. Contact us for appointment times</p>	<p>Cosmos Club</p> <p>Daytime session 10.30am to 3pm for adults with learning disabilities and autism</p>	<p>Haringey Council SEN team</p> <p>Monthly face-to-face surgeries, need to book sendiass@markfield.org.uk</p>	<p>Drop-in</p> <p>Under 5s stay and play</p> <p>12pm to 2.30pm</p> <p>Inclusive play session for parents & carers with children up to 5 years old.</p> <p>Suggested donation £3 per family</p>	<p>Monthly autism group</p> <p>For young people on the waiting list or who has been has been recently diagnosed. booking required</p>	
<p>Autism advice surgeries, parents groups and training</p> <p>For parents of children and young people on the waiting list or who has been has been recently diagnosed. Please contact us for details.</p>					
<p>Drop-in</p> <p>Adventure Playground play session 3.30 – 6pm for children aged 8 to 16</p>	<p>Gems Club</p> <p>After school club 4pm to 6.30pm. For siblings aged 5 to 12</p>	<p>Fire Club</p> <p>4pm to 6.30pm</p> <p>For disabled young people aged 14 to 25</p>	<p>Mighty M Club</p> <p>4pm to 6.30pm</p> <p>For disabled children aged 5 to 12</p>	<p>CJ Club</p> <p>4pm to 6.30pm</p> <p>After school club for disabled young people aged 11 to 19</p>	<p>On Saturday and Sunday afternoons the Markfield community centre can be hired for private parties and events.</p> <p>Please contact us for more details on prices and to make a booking</p>
<p>All for One club</p> <p>Evening session for autistic young adults. Socialise make friends and go out on trips</p>	<p>Kool Club evening session for disabled young people aged 16 to 25</p>	<p>The sessions above run in school term times only. In the school holidays we run children and young people's playschemes.</p> <p>Please contact us to book a place.</p>			

To find out more about our services, to book an advice surgery appointment or training place or to enquire about joining one of our clubs, please contact us:

Phone: 020 8800 4134 (to book appointments and training call 020 3667 5233)

Email: enquiries@markfield.org.uk

Website: www.markfield.org.uk

Dates for Family play sessions and parents/ carer groups:

Monday 8th January to Thursday 18th March

Dates for Children and Youth clubs: Tuesday 9th January to Thursday 22nd March (half term 12th to 16th February)

Adult Clubs: Monday 8th January to Tuesday 22nd March (half term 12th to 16th February)