



The Markfield Project Markfield Road N15 4RB Charity Registration Number: 289904

### **About Markfield**

Markfield is an inclusive community hub dedicated to providing opportunities for play, social interaction, information, and support. Established in 1979 by parents of disabled children, Markfield is an independent, registered charity committed to promoting inclusion and empowering individuals and families.

# Hello and welcome!

On behalf of our staff and volunteers, we extend a warm welcome to Markfield. This information pack is designed to provide you with everything you need to begin accessing our services. We hope you find the support you are looking for and that your children enjoy the engaging and inclusive activities we offer.



Markfield was founded by parents like you, who wanted to give their children enriching and fun packed activities. Over the years we have strived to meet the needs of the whole family. You are at the heart of what we do and how we do it, so once you start using our services, please do let us know how we are doing.

Silvia Hurtado Director, Markfield

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### **Contact details**

💁 020 8800 4134

enquiries@markfield.org.uk

www.markfield.org.uk

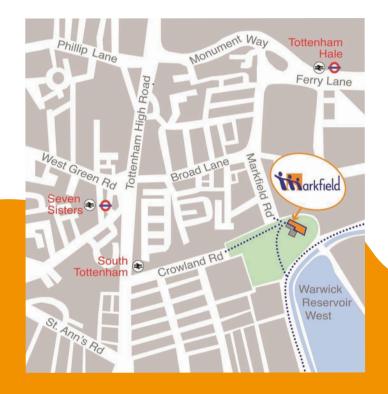
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🗿 @themarkfieldproject

### How to find us

The Markfield Project, Markfield Road, N15 4RB Tube: Seven Sisters, Tottenham Hale Bus: 41, 76, 123, 149, 243, 259, 279 Rail: South Tottenham, Seven Sisters, Tottenham Hale Driving: Vehicle access is via Markfield Road.

There is limited parking next to the centre



# After-school clubs and holiday playschemes

Our clubs and playschemes are designed to support children with a wide range of abilities and disabilities, including Autism and Down's Syndrome. We offer tailored one-to-one support where required, ensuring each child can participate fully and confidently.

### After school Clubs

Markfield runs afternoon and evening clubs for children and young people, where they can socialise, relax, enjoy indoor and outdoor play activities, music, art, sport, films and plenty more. If you would like to book a space on a club or find out more about Children & Youth Services, please email enquiries@markfeld.org.uk or call us 0203 667 5232

- Tuesdays: 4 to 6.30pm **Gems club** for siblings of disabled children aged 5 to 12
- Tuesdays: 6.30 to 9pm Kool Club for disabled young people aged 16 to 25
- Wednesdays: 4 to 6.30pm Fire Club for disabled young people aged 14 to 19
- Thursdays: 4 to 6.30pm Mighty M Club for disabled children aged 5 to 12
- Fridays: 4 to 6.30pm CJ Club for disabled young people aged 12 to 19

Summer term dates: Tuesday 22<sup>nd</sup> April to Friday 4<sup>th</sup> July (Half term break: 26<sup>th</sup> to 30<sup>th</sup> May)

### Playschemes

We run playschemes for children with disabilities and their siblings with activities accessible to all between 10am to 3pm. We welcome children and young people aged between 6 and 19 years old. **May Playscheme dates:** Tuesday 27<sup>th</sup> May to Friday 30<sup>th</sup> May

### Cost

The cost for each child is based on the support they need. Families who qualify for a short breaks personal budget from the Local Authority can use this to pay for after school clubs and playschemes. We also have some free and subsidised places for young people with additional needs who do not qualify for a short breaks personal budget.

### Activities & facilities at Markfeld include:

- Adventure playground with dens, swings, slides, bonfire, sandpit and zip wire
- Arts, crafts, textile, music and gardening and cooking activities
- Trampoline, football and basketball
- Split level soft play room, large hall

# Free clubs

### Saturday autistic youth club

This once-a-month Saturday club is for young people aged 12 to 17 years old who have a recent diagnosis of autism, or who are on the waiting list for an autism assessment. Please contact us for further details.

### Gems siblings afterschool club

This weekly Tuesday club is for children aged 5 to 12 who have a disabled brother or sister.





Markfield is registered with Ofsted. To contact Ofsted please email enquiries@ofsted.gov.uk or call 0300 123 4666

# Markfield parent/carer support groups

We invite you to join us for a tea or coffee at one of our welcoming parent and carer drop-in groups. These sessions offer an opportunity to connect with our Family Support Team, explore the range of services Markfield provides, and engage with others in a supportive environment. We also host guest speakers who share valuable insights on topics related to parenting and supporting disabled children.

### Friday parents support drop-in

Our parent support group provides an opportunity for parents, carers and friends of disabled people to socialise and build networks of support by sharing knowledge in a relaxed, informal and inclusive setting. **Please note we can no longer provide a creche for this session.** 

When: Fridays 10am to 12 noon in school term times Cost: Free

Summer term dates: Tuesday 22<sup>nd</sup> April to Friday 18<sup>th</sup> July (no session during half term on Friday 30<sup>th</sup> May)

### Autism parent support meetings

Autism support parents' meetings in-person are bi-monthly meeting for parents with children either on the waitlist for an autism diagnosis or recently diagnosed.

**Dates** for the Summer term: **Friday 6**<sup>th</sup> **June 10am – 12pm** This is a **drop in** session. No need to book.

# **Advice and information**

### **Disability benefts**

We offer free **one-to-one appointments** to help you with filling in forms for disability benefits such as **Disability Living Allowance (DLA)** and **Personal Independence Payment (PIP)**. We can also help with applications for Carers' Allowance, Blue Badge and Taxi Card.

Support appointments for DLA and PIP applications can be booked via the **familyadmin@markfield.org.uk** Please note we can only support with appeals of DLA and PIP applications originally completed with Markfield.

### **Autism information**

One-to-one appointments:

Please telephone our Family Team on 020 3667 5233 or send an email to familyadmin@markfield.org.uk

• For parents of children either on the waiting list for an autism assessment, or recently diagnosed. Please contact us for more details.

• For autistic young people (or who are on the waiting list for assessment) aged 16 to 25

Providing information to help you navigate the health, education and social care services in Haringey for autistic children and young people, plus help to understand what the diagnosis means.

## Special Educational Needs & Disabilities Information, Advice and Support Service



The Haringey Special Educational Needs & Disabilities Information, Advice and Support Service **(SENDIASS)** is provided by Markfield. **SENDIASS** is a **free, impartial and confdential** service for Haringey residents. We offer parents, carers, and children and young people who have (or may have) special needs:

• **Help to navigate** and understand the procedures and services to support children and young people with SEND, aged from 0 to 25 years

- Advice about your options to access education, health and social care services
- Support to contribute your views to assessments and reviews, fill in forms and prepare for meetings
- Help when things go wrong, including support with disagreement resolution and mediation
- Support around school exclusions, and with complaints/appeals on SEND-related matters.

### **Contact SENDIASS**

**Telephone** the SENDIASS helpline: **020 8802 2611** (if you cannot get through please leave a short message and we will call you back)

Email: sendiass@markfield.org.uk

**Drop in** to Markfield Community Centre N15 4RB on Thursdays between 10 am and 12 pm to see an advice worker (term time only)

**Drop in** to our monthly **Family Club** at the Markfield centre, on the second Saturday each month in school term-times, from 11:30 am to 2:30 pm

### www.markfield.org.uk/sendiass/

The SENDIASS service is funded by Haringey Council

# Free consultations for parents with an Educational Psychologist

Are you worried about your child's development, learning, emotional well-being or behaviour?

Parents who live or attend school in Haringey can book a free 40-minute one-to-one consultation with an educational psychologist from Haringey Educational Psychology (EP) Service. The EP can talk through your concerns with you, help you make a plan of action and signpost you to sources of help and support. The consultation sessions happen at Markfield community centre, or by telephone if you prefer.

How to book: send an email with your name and telephone number to familyadmin@markfield.org.uk or telephone: 0203 667 5233

# SENDIASS information sessions for parents and carers

Our SENDIASS Team runs a programme of online and in-person information sessions on various aspects of Special Educational Needs and Disabilities (SEND) procedures. These sessions are FREE for parents/ carers of children and young people with additional needs living in Haringey.

**SEN support in schools for children who don't have an EHC Plan** Tuesday 6<sup>th</sup> May 10am to 11.30am **Online** 

An explanation of the law covering the duties of schools to identify and meet the special educational needs of children who do not have an Education Health and Care Plan (EHCP). Plus an overview of Haringey guidance to schools on what they are expected to provide from the school's resources.

**Getting the right support in school for your Autistic child** Tuesday 10<sup>th</sup> June 10am to 11.30am **Online** 

How to navigate the special education needs system, focusing on what help is available in maisntream schools for autistic children and those waiting for autism assessments.

### **Educational Psychology Webinars**

Delivered by Haringey Educational Psychology Service Spaces can be booked via Markfield Eventbrite page: www.eventbrite.co.uk/o/markfield-31140926185

**Emotion Coaching** Tuesday 29<sup>th</sup> April 12 to 1pm **Social and Emotional Development** Tuesday 10<sup>th</sup> June 12 to 1pm **Requesting an EHC needs assessment and what should be in a good EHC Plan** Tuesday 3<sup>rd</sup> June 10am to 11.30am **Online** 

Explaining the criteria for and process of requesting an Education Health & Care needs assessment, including how to appeal if the request for a needs assesment is refused by the Local Authority. Also, a guide on how to review the different sections of an EHCP to check that your child's needs ar accurately decribed, and the provision in the Plan is clear, specific and quantified.

**Understanding the SEND system** Tuesday 24<sup>th</sup> June 10am to 11.30am **Online** 

Key principles of the Special Educational Needs and Disabilities (SEND) Code of Practice. The system for SEND provision in schools, reviewing progress, Education Health Care needs assessments and PLans (EHCPs), Annual Reviews. mediation and appealing against Local Authority decisions.

**Online training courses** are delivered via the **Zoom** application.

If you need support with setting up zoom please let us know when booking. You will be emailed a link the day before the session.

### To book a place:

**Online** training courses can be booked via Markfield Eventbrite page: https://www.eventbrite.co.uk/o/markfield-31140926185

You will receive an email with a link to the zoom meeting after booking.

If the event is **sold out** on **Eventbrite** please contact the **SENDIASS Team** and they will send you a link to the meeting - **sendiass@markfield.org.uk**.



On the **second Saturday of each month during term time**, Markfield hosts our ever popular **Family Club**. Families have full access to our indoor soft play room and Adventure Playground. A shared lunch is provided and a SENDIASS Advice Worker is on hand to offer information and advice on SEND issues. **When:** Sessions will be held on **10<sup>th</sup> May, 14<sup>th</sup> June and 12<sup>th</sup> July** 

Cost: £3 suggested donation per family (includes lunch)

Just drop in, no need to book:

# Training workshops for parents & carers

Training workshops are **FREE** for parents/carers of children **living in Haringey** who are on the waiting list for an Autism assessment or recently diagnosed.

Please note all places must be booked in advance.

Email: sendiass@markfield.org.uk or telephone 020 8802 2611

Light lunch served, please state any dietary requirements when booking.

### Use of visual aids

When: Friday 23<sup>rd</sup> May , 10am – 2pm

### Positive Behaviour Support - 2 day workshop

When: Friday 20<sup>th</sup> and 27<sup>th</sup> June, 10am-2pm Please note parents will need to commit to both days when booking.

### **Understanding Autism**

When: Friday 4<sup>th</sup> July, 9.30am-1.30pm

Where: all workshops are held in-person at The Markfield Project. How to book: please email sendiass@markfield.org.uk or 020 8802 2611

# **Transition to Adulthood Mentoring**

Our transition to adulthood programme provides bespoke support to help young people set their own goals, make informed decisions, and understand their rights as they move into adult life. Our mentor scheme matches trained volunteer mentors with a young person in transition to adulthood, supporting with trips into the community to develop confidence and skills. The young people will also meet regularly for group sessions focusing on promoting independence and developing life skills.

**If you are interested in becoming a volunteer mentor** with our Transition to Adulthood scheme, we offer four days of free training. You will gain employment skills during your placement and volunteering with Young People and Adults in this way can be a pathway into youthwork and support work.

# **Stepping Stones**

### For children under 5

Stepping Stones is a 10-week specialist sensory play and language programme for children under 5 with additional needs in communication, social skills and language. The programme runs once a term with small groups of families.

### The programme is designed to support children

- who have a suspected or diagnosed speech and language delay or disability
- who are showing challenging behaviour or have recognised behavioural difficulties
- who may have additional sensory and developmental play needs such as autism, global delay or physical disabilities

### It's supports parents and carers

- to better understand their child's play needs
- by offering a supportive, informal environment where they can learn, experiment and share
- by giving lots of ideas for fun games, activities and songs that help develop a child's speech, language, social communication and play skills
- by offering further opportunity to play in an inclusive and supported environment
- by encouraging the sharing of what has been learned with others

# Strengthening Families Strengthening Communities parenting course

Markfield run a free parenting support programmes especially for parents and carers of children with additional needs and disabilities.

### The Strengthening Families Strengthening Communities course helps parents with

- Understanding how communication works and how to better communicate with your child
- Strategies to improve your behaviour management skills
- Reflecting on the challenges of being a parent and on our own family values
- Building community links and celebrating cultural diversity

Our Strengthening Families Strengthening Communities parenting course is delivered by qualified trainers accredited by the Race Equality Foundation.

### Each session includes a free lunch

How to book on these training courses or get more information:

Telephone 0203 667 5233 or email: familyadmin@markfield.org.uk

### **Booking required**

Please telephone our Family Team Administrator on 020 3667 5233

or send an email to familyadmin@markfield.org.uk

# Social clubs for adults with learning disabilities and autism

Markfield's adult services are for people with learning disabilities or autism who are aged over 18 years. All clubs run for a total of 36 weeks a year during term-time. The club places are booked on a termly basis. **Summer term dates:** Tuesday 22<sup>nd</sup> April to Monday 21<sup>st</sup> July (Half term break: 26<sup>th</sup> to 30<sup>th</sup> May)

Our clubs provide creative and social spaces where you can share and learn new skills, make friends, keep active and have fun.

**Art Engine** is a weekly art club run on Mondays from 11am to 3pm. We provide a range of activities focussed on developing creativity and art skills. These range from sculpture, printmaking, poetry and drama to cooking, yoga and craft based activities and trips.

**All for One** is a club for autistic young people who meet on Mondays from 6.30pm to 9.00pm. This group enjoys music, craft, discussion groups, fitness sessions, dance and DJing and trips.

**Cosmos Rainbow Club** runs on Tuesdays from 10.30am to 3pm. This structured session supports club members to take part in cooking, music, dance, craft based activities and trips out.

**Markfeld at Nite** is where the weekend begins, with this music and dance based social club running from 6.30pm to 9pm on Friday evenings. This lively session with a 'night club' feel is run by its own elected committee, who makes decisions on trips and activities. The club also holds regular men and women's discussion groups exploring issues such as relationships, politics and health.

**Costs** vary depending on whether it's a day or evening club, the level of support the person requires and transport requirements.



# Some other sources of support

- Haringey Local Offer website <u>www.haringey.gov.uk/children-and-families/local-offer</u> The Local Offer is a website with information for parents/carers of children with special educational needs and/or disabilities. It has details of the services offered in Haringey for children with SEND.
- Contact <u>www.contact.org.uk</u>

The national charity for families with disabled children

National Autistic Society <u>www.autism.org.uk</u>

Charity for people on the autism spectrum and their families

• IPSEA www.ipsea.org.uk/

IPSEA offers free and independent legally based information, advice and support to help get the right education for children and young people with all kinds of special educational needs and disabilities.



### **Donate to Markfeld**

Donations are always welcome big or small. Every donation helps out work For details of how to donate to Markfield please see our website: <u>www.markfield.org.uk/get-involved/donate-or-fundraise/</u> or telephone: 020 8800 4134

### Become a member of Markfeld

Another way to actively support our charity is to become a member. As a member you will be invited to our Annual General Meeting where we elect the Trustee Board members.

### Hire the Markfeld centre for your party or event

Markfield is a beautiful historic building in the heart of Tottenham's award-winning Markfield Park. You can hire our space for small and large-scale parties, meetings, training, away days or exercise classes.

### **Contact us**

for more information about hiring the centre, making a donation or becoming a member. Telephone: **020 8800 4134** Email: **enquiries@markfeld.org.uk** 





# Markfield What's on at Markfield April to July 2025

Markfield Road, N15 4RB Address: Markfield Park,

Markfield is an inclusive community hub where people can play, socialise and get information and support. Our vision is a world where disabled. Deaf and autistic people are treated as equals. have a voice and can live the life thev want.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Special Special Educational Nee	Educational Needs & Disa ds & Disabilities (SEND) H	Special Educational Needs & Disabilities (SEND) Free advice surgeries for parents & carers and young people Special Educational Needs & Disabilities (SEND) Helpline Monday to Friday 9.30 to 5, extended hours Wednesdays (7pm) and Thursdays (6pm)	ies for parents & carers and your b, extended hours Wednesdays (7	ng people 7pm) and Thursdays (6pm)	Drop-in
Art Engine Daytime arts session 11am to 3pm for adults with learning disabilities and autism	Free training for parents / carers on SEN & disability See our training schedule on the website for dates	<b>Strengthening Families</b> <b>Strengthening Communities</b> Free parenting course for parents & carers	Drop In SENDIASS Advice drop in Advice on education issues 10am to 12pm Stepping Stones training course Free 10-week training course for parents & carers with children under 5 years old with communication difficulties	Drop-in Parents support group & Information Hub 10am to 12pm in term-time. Free advice drop-in for parents / carers of disabled children	Montnly Family Club On the 2 <sup>nd</sup> Saturday of each month in Feb and March, from 11.30am to 2.30pm. £3 donation including lunch. All welcome, especially families with disabled children and young people.
Disability Living Allowance Help with claims & appeals. Contact us for appointment times For parents of childre	Cosmos Club Daytime session 10.30am to 3pm for adults with learning disabilities and autism Autisr en and young people on th	Ity Living       Cosmos Club       Haringev Educational Psychology       Farman         ince       Daytime session       In Soam to 3pm for       Farman       Team         inth claims & appeals.       Daytime session       In Soam to 3pm for       Free phone consultation appointments       In Soam to 3pm for         inth claims & appointment       adults with learning       Free phone consultation appointments       In Soam to 3pm for       In Soam to 3pm for         inth claims & appointment       adults with learning       Free phone consultation appointments       In Soam to 3pm for       In Soam to 3pm for         inth claims & appointment       adults with learning       Ansyltimes. Please contact us to book       In Soam to 3pm for       In Soam to 3pm for         for appointment       adults with learning       an appointment - see details below       In Soam to 3pm for       In Soam to 3pm for         Antism advice surgeries, parents groups and training       Antism advice surgeries, parents groups and training       In Soam to recently diagnosed. Please contact us for details.	s and training been recently diagnosed. Please	contact us for details.	Monthly autism group For young people on the waiting list or who has been has been recently diagnosed. booking required
	Gems Club After school club 4pm to 6.30pm. For siblings aged 5 to 12	Fire Club 4pm to 6.30pm For disabled young people aged 14 to 19	Mighty M Club 4pm to 6.30pm For disabled children aged 5 to 14	<b>CJ Club</b> 4pm to 6.30pm After school club for disabled young people aged 14 to 19	On Saturday and Sunday afternoons the Markfield community centre can be hired for private parties and
All for One club Evening session for autistic young adults. Socialise make friends and go out on	Kool Club evening session for disabled young people aged 16 to 25	The sessions above run in school term times only. In the school holidays we run children and young people's playschemes. Please contact us to book a place.	l term times only. In the school young people's playschemes. to book a place.	Markfield @ Nite Club night for adults with learning disabilities / autism	events. Please contact us for more details on prices and to make a booking

To find out more about our services, to book an advice surgery appointment or training place or to enquire about joining one of our clubs, please contact us:

trips

Phone: 020 8800 4134 (to book appointments and training call: 020 3667 5233) Website: www.markfield.org.uk Email: enquiries@markfield.org.uk

Dates for Children & Youth clubs: Tuesday 22nd April to Friday 4th July (Half term 26th to 30th May) Dates for Adults: Tuesday 22nd April to Monday 21st July (Half term 26th to 30th May) Dates for parent/carer groups: Tuesday 22nd April to Friday 18th July (Half term 26<sup>th</sup> to 30<sup>th</sup> May)