

# Autism Support

# for parents

Has your child been **recently diagnosed** with autism?  
Or are they **on the waiting list** for an autism assessment?

## Would you like to access to:

- **One-to-one advice** about how to navigate the autism assessment process, and NHS education and social care services to help your child.
- Help to apply for **Disability Living Allowance (DLA)**
- **Parents support groups** to meet other local parents of children with autism and hear from relevant professionals.
- Parent **training sessions on autism awareness**.
- A 13-week parenting programme:  
**Strengthening Families Strengthening Communities**, specially tailored for parents of autistic children, focussing on behaviour management strategies.

**For more information:**  
or to refer yourself or someone else  
**Telephone:** 0208 802 2611  
**Email:** [sendiass@markfield.org.uk](mailto:sendiass@markfield.org.uk)



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