

Markfield Welcome Pack Autumn 2025



The Markfield Project Markfield Road N15 4RB

Charity Registration
Number: 289904

About Markfield

Markfield is an inclusive community hub dedicated to providing opportunities for play, social interaction, information, and support. Established in 1979 by parents of disabled children, Markfield is an independent, registered charity committed to promoting inclusion and empowering individuals and families.

Hello and welcome!

On behalf of our staff and volunteers, we extend a warm welcome to Markfield. This information pack is designed to provide you with everything you need to begin accessing our services. We hope you find the support you are looking for and that your children enjoy the engaging and inclusive activities we offer.



Markfield was founded by parents like you, who wanted to give their children enriching and fun packed activities. Over the years we have strived to meet the needs of the whole family. You are at the heart of what we do and how we do it, so once you start using our services, please do let us know how we are doing.

Silvia Hurtado Director, Markfield

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Contact details

020 8800 4134

enquiries@markfield.org.uk

www.markfield.org.uk

<u>@themarkfieldproject</u>

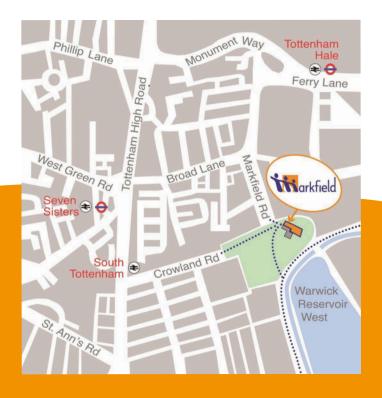
@TheMarkfieldProject

🧭 <u>@markfieldproject.bsky.social</u>

How to find us

The Markfield Project, Markfield Road, N15 4RB Tube: Seven Sisters, Tottenham Hale Bus: 41, 76, 123, 149, 243, 259, 279 Rail: South Tottenham, Seven Sisters, Tottenham Hale

Driving: Vehicle access is via Markfield Road. There is limited parking next to the centre



Family play sessions



Saturday Open Access

Drop in to play in our Adventure Playground on Saturdays between 11am and 3pm. We have big play structures with slides, swings, climbing frames, zip wire, bonfire pit and trampoline. **Age range:** up to 16 years. Under 8s need to come with an adult parent/carer. Children over 8 years who can play without support are welcome to come on their own.

When: 2nd August, 9th August, 16th August, 23rd August, 30th August, 6th September, 20th September, 27th September, 4th October, 18th October, 25th October, 1st November, 15th November, 22nd November, 29th November, 6th December

Cost: £3 suggested donation

Monday After School Play Session - for 8 to 16 year olds

Join in the fun at our drop-in Adventure Playground play sessions for children aged 8 to 16. We have big play structures with slides, swings, climbing frames, zip wire, bonfire pit and trampoline. **Age range:** 8 to 16. Children over 8 who can play without support are welcome to come on their own.

When: 8th September, 15th September, 22nd September, 29th September, 6th October, 13th October, 20th October, 3rd November, 10th November, 17th November, 24th November, 1st December, 8th December, 15th December

Cost: free

Family Club

On the **second Saturday of each month during term time**, Markfield hosts our ever popular **Family Club**. Families have full access to our indoor soft play room and Adventure Playground. A shared lunch is provided and a SENDIASS Advice Worker is on hand to offer information and advice on SEND issues. **When:** Sessions will be held on **13th September**, **11th October**, **8th November**, **13th December**

Cost: £3 suggested donation per family (includes lunch)



After School clubs and holiday playschemes

Our clubs and playschemes are designed to support children with a wide range of abilities and disabilities, including Autism and Down's Syndrome. We offer tailored one-to-one support where required, ensuring each child can participate fully and confidently.

After School Clubs

Markfield runs afternoon and evening clubs for children and young people, where they can socialise, relax, enjoy indoor and outdoor play activities, music, art, sport, films and plenty more. If you would like to book a space on a club or find out more about Children & Youth Services, please email <u>enquiries@markfeld.org.uk</u> or call us 0203 667 5232

- Tuesdays: 4 to 6.30pm Gems club for siblings of disabled children aged 5 to 12
- Wednesdays: 4 to 6.30pm Fire Club for disabled young people aged 14 to 19
- Thursdays: 4 to 6.30pm Mighty M Club for disabled children aged 5 to 12
- Fridays: 4 to 6.30pm CJ Club for disabled young people aged 12 to 19

Autumn term dates: Tuesday 16th September to Friday 28th November (Half term break: 27th to 31st October)

Playschemes

We run playschemes for children with disabilities and their siblings with activities accessible to all between 10am to 3pm. We welcome children and young people aged between 6 and 19 years old.

October Playscheme dates: Monday 27th to Friday 31st October

Activities & facilities at Markfeld include:

- Adventure playground with dens, swings, slides, bonfire, sandpit and zip wire
- Arts, crafts, textile, music and gardening and cooking activities
- Trampoline, football and basketball
- Split level soft play room, large hall

Cost

The cost for each child is based on the support they need. Families who qualify for a short breaks personal budget from the Local Authority can use this to pay for after school clubs and playschemes. We also have some free and subsidised places for young people with additional needs who do not qualify for a short breaks personal budget.

Free clubs

Saturday autistic youth club

A monthly youth group for young people aged 12-17 who are on the waiting list for assessment or recently diagnosed. Meet other young people, make new friends, do fun activities and share your interests. Booking via SENDIASS@markfield.org.uk or call 020 8802 2611 to discuss.

Gems siblings afterschool club

This weekly Tuesday club is for children aged 5 to 12 who have a disabled brother or sister.



Special Educational Needs & Disabilities Information, Advice and Support Service



The Haringey Special Educational Needs & Disabilities Information, Advice and Support Service (SENDIASS) is provided by Markfield. SENDIASS is a free, impartial and confdential service for Haringey residents. We offer parents, carers, and children and young people who have (or may have) special needs:



Contact SENDIASS

Telephone the SENDIASS helpline: **020 8802 2611** (if you cannot get through please leave a short message and we will call you back)

Email: sendiass@markfield.org.uk

Drop in to Markfield Community Centre N15 4RB on **Thursdays** between **10am and 12pm** to see an advice worker (term time only)

Drop in to our monthly **Family Club** at the Markfield centre, on the **second Saturday** each month in school term-times, from **11:30am to 2:30pm**

www.markfield.org.uk/sendiass/

The SENDIASS service is funded by Haringey Council

Advice and information

Autism information

One-to-one appointments:

Book an appointment to speak to a SENDIASS adviser about how to navigate the autism assessment process, health, education, and social care services to help your child.

- For parents of children either on the waiting list for an autism assessment, or recently diagnosed.
- For autistic young people (or who are on the waiting list for assessment) aged 16 to 25

Email SENDIASS@markfield.org.uk or call 020 8802 2611

Disability benefts

SENDIASS offer appointments to help apply for **disability living allowance** for parents and carers **living in Haringey**. We operate a waiting list due to the volume of requests.





Free consultations for parents with an Educational Psychologist

Are you worried about your child's development, learning, emotional well-being or behaviour?

Parents who live or attend school in **Haringey** can book a free 40-minute one-to-one consultation with an educational psychologist from **Haringey Educational Psychology (EP) Service**. The EP can talk through your concerns with you, help you make a plan of action and signpost you to sources of help and support. The consultation sessions happen in **person** at **Markfield community centre**, or **by telephone**. **Appointments are held monthly and require pre booking**.

How to book: please follow <u>this link</u> to complete the form or scan the QR code.





Markfield parent/carer support groups

We invite you to join us for a tea or coffee at one of our welcoming parent and carer drop-in groups. These sessions offer an opportunity to connect with our Family Support Team, explore the range of services Markfield provides, and engage with others in a supportive environment. We also host guest speakers who share valuable insights on topics related to parenting and supporting disabled children.

Friday parents support drop-in

Our parent support group provides an opportunity for parents, carers and friends of disabled people to socialise and build networks of support by sharing knowledge in a relaxed, informal and inclusive setting. Please note we can no longer provide a creche for this session.

We can also help with forms like carers allowance, blue badge, taxi card, family fund, and provide some support with DLA and PIP form.

When: Fridays 10am to 12 noon in school term times Cost: Free

Autumn term dates: Friday 12th September to Friday 19th December (**no session** during half term on **Friday 31st October**)

Autism parent support meetings

Autism support parents' meetings in-person are bi-monthly meeting for parents with children either on the waitlist for an autism diagnosis or recently diagnosed.

Dates for the Autumn term: Friday 26th Sep 2025 and Friday 21st Nov 2025 from **10am – 12pm** This is a **drop in** session. No need to book.

Transition to Adulthood Mentoring

Our transition to adulthood programme provides bespoke support to help young people set their own goals, make informed decisions, and understand their rights as they move into adult life. Our mentor scheme matches trained volunteer mentors with a young person in transition to adulthood, supporting with trips into the community to develop confidence and skills. The young people will also meet regularly for group sessions focusing on promoting independence and developing life skills.

If you are interested in becoming a volunteer mentor with our Transition to Adulthood scheme, we offer four days of free training. You will gain employment skills during your placement and volunteering with Young People and Adults in this way can be a pathway into youthwork and support work.

For more information, or if you would like to get involved, please contact Riccarda Courtney on 07542590698 or email rcourtney@markfield.org.uk

SENDIASS information sessions for parents and carers

Our SENDIASS Team runs a programme of online and in-person information sessions on various aspects of Special Educational Needs and Disabilities (SEND) procedures. These sessions are FREE for parents/ carers of children and young people with additional needs living in Haringey.

SEN support in schools for children who don't have an EHC Plan Tuesday 30th September 1 to 2pm **Online**

An explanation of the law covering the duties of schools to identify and meet the special educational needs of children who do not have an Education Health and Care Plan (EHCP). Plus, an overview of Haringey guidance to schools on what they are expected to provide from the school's resources.

New to autism? Navigating services and support Tuesday 14th October 12 to 1pm **Online**

This one-hour online session provides information on how to access services and support across education, health, and social care. This session is for parents and carers of children living in Haringey who are on the autism assessment waiting list or recently diagnosed.

Annual reviews of EHC plans Wednesday 19th November 1 to 2pm **Online**

This session will explain how to prepare for and participate in the annual review of your child's EHC plan.

Requesting an EHC needs assessment Wednesday 8th October 12 to 1pm **Online**

Explaining the criteria for and process of requesting an Education Health & Care needs assessment for a child with additional needs, including how to appeal if the request for a needs assessment is refused by the Local Authority.

How to review an EHC PlanTuesday 4th November 12 to 1pm **Online**

Guidance on how to review the different sections of an Education Health and Care Plan (EHCP) to check that your child's needs are accurately described, and the provision in the Plan is clear, specific and quantified.

Personal budgets for short breaks Tuesday 25th November 12 to 1pm **Online**

Learn about Haringey's Personal Budget scheme for disabled children, including the assessment process, your choices, and rights and how support should be provided. Plus, a step-by-step guide on how to complete a Resource Allocation Form (RAS) to apply for a Personal Budget.

Online training courses are delivered via the **Zoom** application. If you need support with setting up zoom please let us know when booking.

To book a place:

Online training courses can be booked via Markfield Eventbrite page.
You will receive an email with a link to the zoom meeting after booking.
If the event is sold out on Eventbrite please contact the SENDIASS Team and they will send you a link to the meeting - sendiass@markfield.org.uk.



Educational Psychology Webinars

Delivered by Haringey Educational Psychology Service
Please check Eventbrite for topics and dates



Spaces can be booked via Markfield Eventbrite page

Training workshops for parents & carers

Training workshops are **FREE** for parents/carers of children **living in Haringey** who are on the waiting list for an Autism assessment or recently diagnosed.

Light lunch served, please **state any dietary requirements** when booking.

There is **no creche** and we are unable to accommodate children at these sessions.

Use of visual aids - SENDIASS

Friday 3rd October 10am-2pm in person at Markfield

This workshop is an introduction to using visual aids, looking at how to use visual aids to support communication and the impact using visual aids can have on increasing independence. Light lunch provided.

To book a place please visit our **Eventbrite page** or scan the QR code.



Positive Behaviour Support - 2 day workshop -SENDIASS

Friday 7th and 14th November 10am-2pm in person at Markfield

A 2 day workshop exploring the importance of understanding behaviour, strategies for promoting positive behaviour and managing behaviour that challenges. Light lunch provided.

Please note parents will need to commit to both days when booking.

Developmental Movement Play

Friday 21st November 10:30 to 2:30 in person at Markfield

This workshop focuses on the importance of the sensory system in children, particularly for neurodivergent children. It explores how movement and play can support self-regulation, improve communication, enhance sleep, and strengthen the nervous system within a holistic approach—all while engaging in fun, interactive activities.

Stepping Stones - for children under 5

Stepping Stones is a 10-week specialist sensory play and language programme for children under 5 with additional needs in communication, social skills and language. The programme runs once a term with small groups of families.

The programme is designed to support children

- who have a suspected or diagnosed speech and language delay or disability
- who are showing challenging behaviour or have recognised behavioural difficulties
- who may have additional sensory and developmental play needs such as autism, global delay or physical disabilities

It's supports parents and carers

- to better understand their child's play needs
- by offering a supportive, informal environment where they can learn, experiment and share
- by giving lots of ideas for fun games, activities and songs that help develop a child's speech, language, social communication and play skills
- by offering further opportunity to play in an inclusive and supported environment
- by encouraging the sharing of what has been learned with others

Strengthening Families Strengthening Communities parenting course

Markfield run a free parenting support programmes especially for parents and carers of children with additional needs and disabilities.

The Strengthening Families Strengthening Communities course helps parents with

- Understanding how communication works and how to better communicate with your child
- Strategies to improve your behaviour management skills
- Reflecting on the challenges of being a parent and on our own family values
- Building community links and celebrating cultural diversity

Our Strengthening Families Strengthening Communities parenting course is delivered by qualified trainers accredited by the Race Equality Foundation.

Each session includes a free lunch

How to book on these training courses or get more information:

Telephone 0203 667 5233 or email: familyadmin@markfield.org.uk

Booking required

Please telephone our Family Team Administrator on **020 3667 5233**or send an email to <u>familyadmin@markfield.org.uk</u>

Social clubs for adults with learning disabilities and autism

Markfield's Adult Services support people aged 18 and over who have learning disabilities or autism. Our clubs run during school term-time for 36 weeks each year, with places booked on a term-by-term basis.

These clubs offer welcoming, creative, and social spaces where you can try new activities, develop skills, make friends, stay active, and most importantly—have fun.

Autumn term dates: Monday 15th September to Friday 19th December (Half term break: Monday 27th to Friday 31st October)

Art Engine is a weekly art club run on Mondays from 11am to 3pm. We provide a range of activities focussed on developing creativity and art skills. These range from sculpture, printmaking, poetry and drama to cooking, yoga and craft based activities and trips.

All for One is a club for autistic young people who meet on Mondays from 6.30pm to 9.00pm. This group enjoys music, craft, discussion groups, fitness sessions, dance and DJing and trips.

Cosmos Rainbow Club runs on Tuesdays from 10.30am to 3pm. This structured session supports club members to take part in cooking, music, dance, craft based activities and trips out.

Markfeld at Nite is where the weekend begins, with this music and dance based social club running from 6.30pm to 9pm on Friday evenings. This lively session with a 'night club' feel is run by its own elected committee, who makes decisions on trips and activities. The club also holds regular men and women's discussion groups exploring issues such as relationships, politics and health.

Costs vary depending on whether it's a day or evening club, the level of support the person requires and transport requirements.

If you are interested in attending one of our adult clubs please contact Roz Corrigan on 020 3667 5227 or email rcorrigan@markfeld.org.uk



Some other sources of support

- **Haringey Local Offer website** <u>www.haringey.gov.uk/children-and-families/local-offer</u>
 The Local Offer is a website with information for parents/carers of children with special educational needs and/or disabilities. It has details of the services offered in Haringey for children with SEND.
- Contact <u>www.contact.org.uk</u>
 The national charity for families with disabled children
- National Autistic Society www.autism.org.uk
 Charity for people on the autism spectrum and their families
- IPSEA www.ipsea.org.uk/
 IPSEA offers free and independent legally based information, advice and support to help get the right education for children and young people with all kinds of special educational needs and disabilities.

Support our work

Donate to Markfeld

Donations are always welcome big or small. Every donation helps out work For details of how to donate to Markfield please see our website: www.markfield.org.uk/get-involved/donate-or-fundraise/ or telephone: 020 8800 4134

Become a member of Markfeld

Another way to actively support our charity is to become a member. As a member you will be invited to our Annual General Meeting where we elect the Trustee Board members.

Hire the Markfeld centre for your party or event

Markfield is a beautiful historic building in the heart of Tottenham's award-winning Markfield Park. You can hire our space for small and large-scale parties, meetings, training, away days or exercise classes.

Contact us

for more information about hiring the centre, making a donation or becoming a member. Telephone: **020 8800 4134** Email: enquiries@markfeld.org.uk





Address: Markfield Park, Markfield Road, N15 4RB

What's on at Markfield September to December 2025

Markfield is an inclusive community hub where people can play, socialise and get information and support. Our vision is a world where disabled. Deaf and autistic people are treated as equals, have a voice and can live the life thev want.

Saturday	Drop-in Adventure Playground	for children under 16 years and their parents & carers. Drop-in Monthly Family Club On the 2 nd Saturday of each month, from 11.30am to 2.30pm. £3 donation including lunch.	families with disabled children and young people. Monthly autism group For young people on the waiting list or who has been	has been recently diagnosed. booking required.
Friday	ung people (7pm) and Thursdays (6pm)	Prop-in Parents support group & Information Hub 10am to 12pm in term-time. Free advice drop-in for parents / carers of disabled children.		se contact us for details.
Thursday	eries for parents & carers and you 5, extended hours Wednesdays (SENDIASS Advice drop in Advice on education issues 10am to 12pm. Stepping Stones training course Free 10-week training course for parents & carers with children under 5 years old with communication difficulties.		arents groups and training has been has been recently diagnosed. Please contact us for details.
Wednesday	Special Educational Needs & Disabilities (SEND) Free advice surgeries for parents & carers and young people Special Educational Needs & Disabilities (SEND) Helpline Monday to Friday 9.30 to 5, extended hours Wednesdays (7pm) and Thursdays (6pm)	Strengthening Families Strengthening Communities Free parenting course for parents & carers.	Haringey Educational Psychology Team Free phone consultation appointments for parents/ carers at various days/times. Please contact us to book an appointment — see details below.	
Tuesday	Educational Needs & Disal ds & Disabilities (SEND) He	Free training for parents / Carers on SEN & disability See our training schedule on the website for dates.	Cosmos Club Daytime session 10.30am to 3pm for adults with learning disabilities and autism.	Autism advice surgeries, portism advice surgeries, portion parents of children and young people on the waiting list or who
Monday	Special Special Educational Nee	Art Engine Davtime arts session 11am to 3pm for adults with learning disabilities and autism.	Disability Living Allowance Help with claims & appeals. Contact us for appointment times.	For parents of childra

The sessions a holidays we

make friends and go out on

young adults. Socialise

Evening session for autistic

All for One club

The sessions above run in school term times only. In the school holidays we run children and young people's playschemes. Please contact us to book a place.

4pm to 6.30pm
After school club for disabled voung people aged 14 to 19.

Markfield @ Nite
Club night for adults with learning disabilities / autism.

For disabled children aged 5 to 14.

For disabled young people aged

After school club 4pm to 6.30pm. For siblings aged 5

play session 3.30 - 6pm for

children aged 8 to 16.

Adventure Playground

to 12.

Gems Club

14 to 19.

4pm to 6.30pm

Mighty M Club

hired for private parties and

On Saturday and Sunday afternoons the Markfield community centre can be events.

Please contact us for more details on prices and to make a booking.

To find out more about our services, to book an advice surgery appointment or training place or to enquire about joining one of our clubs, please contact us:

Phone: **020 8800 4134** (to book appointments and training call: 020 3667 5233) Email: enquiries@markfield.org.uk Website: www.markfield.org.uk

Dates for parent/carer groups: Friday 19th Sep to Friday 19th Dec (Half term 27th to 31st October)

Dates for Children & Youth clubs: Tuesday 16th Sep to Friday 28th Nov (Half term 27th to 31st October)

Dates for Adults: Monday 15th Sep to Friday 19th Dec (Half term 27th to 31st October)