



# Markfield Welcome Pack

## Spring 2026



The Markfield Project  
Markfield Road  
N15 4RB  
Charity Registration  
Number: 289904

## About Markfield

Markfield is an inclusive community hub dedicated to providing opportunities for play, social interaction, information, and support. Established in 1979 by parents of disabled children, Markfield is an independent, registered charity committed to promoting inclusion and empowering individuals and families.

# Hello and welcome!

On behalf of our staff and volunteers, we extend a warm welcome to Markfield. This information pack is designed to provide you with everything you need to begin accessing our services. We hope you find the support you are looking for and that your children enjoy the engaging and inclusive activities we offer.

Markfield was founded by parents like you, who wanted to give their children enriching and fun packed activities. Over the years we have strived to meet the needs of the whole family. You are at the heart of what we do and how we do it, so once you start using our services, please do let us know how we are doing.

Silvia Hurtado  
Director, Markfield

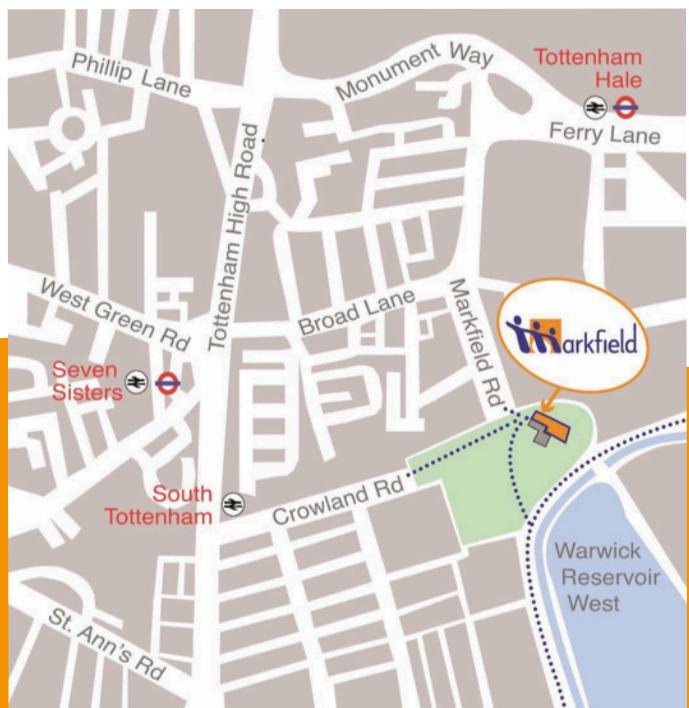


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## How to find us

The Markfield Project, Markfield Road, N15 4RB  
Tube: Seven Sisters, Tottenham Hale  
Bus: 41, 76, 123, 149, 243, 259, 279  
Rail: South Tottenham, Seven Sisters, Tottenham Hale  
Driving: Vehicle access is via Markfield Road. There is limited parking next to the centre



## Contact details

-  020 8800 4134
-  [enquiries@markfield.org.uk](mailto:enquiries@markfield.org.uk)
-  [www.markfield.org.uk](http://www.markfield.org.uk)
-  [@themarkfieldproject](https://www.instagram.com/themarkfieldproject)
-  [@TheMarkfieldProject](https://www.facebook.com/TheMarkfieldProject)
-  [@markfieldproject.bsky.social](https://twitter.com/markfieldproject)

# Family Club

Just drop in,  
no need to book!

On the **second Saturday of each month**, Markfield hosts our ever popular **Family Club**. Families have full access to indoor activities and our Adventure Playground. A shared lunch is provided and a staff member is on hand if you need any advice.

**When:** Sessions will be held on **14<sup>th</sup> February and 14<sup>th</sup> March**

**Cost:** £5 suggested donation per family (includes lunch)

## After School clubs

Our clubs and playschemes are designed to support children with a wide range of abilities and disabilities, including Autism and Down's Syndrome. We offer tailored one-to-one support where required, ensuring each child can participate fully and confidently.

Markfield runs afternoon and evening clubs for children and young people, where they can socialise, relax, enjoy indoor and outdoor play activities, music, art, sport, films and plenty more.

- Wednesdays: 4 to 6.30pm **Fire Club** - for disabled young people aged 14 to 19
- Thursdays: 4 to 6.30pm **Mighty M Club** - for disabled children aged 5 to 12
- Fridays: 4 to 6.30pm **CJ Club** - for disabled young people aged 12 to 19

**Spring term dates:** Wednesday 14<sup>th</sup> January to Friday 27<sup>th</sup> March (Half term break: 16<sup>th</sup> to 20<sup>th</sup> February)

If you would like to book a space on a club or find out more about Children & Youth Services, please email [enquiries@markfield.org.uk](mailto:enquiries@markfield.org.uk) or call us 0203 667 5232

## Holiday Playschemes

We run playschemes for children with disabilities and their siblings with activities accessible to all between 10am to 3pm. We welcome children and young people aged between 6 and 19 years old.

**February Playscheme dates:** Monday 16<sup>th</sup> to Friday 20<sup>th</sup> February

### Activities & facilities at Markfield include:

- Adventure playground with dens, swings, slides, a big structure, train sightseeing, bonfire, sandpit and zip wire
- Arts, crafts, textile, music and gardening and cooking activities
- Trampoline and football
- Sensory room, large hall

**Cost** The cost for each child is based on the support they need. Families who qualify for a short breaks personal budget from the Local Authority can use this to pay for after school clubs and playschemes.

## Free clubs

### Saturday Autism youth club

A monthly youth group for young people aged 12-17 who are on the waiting list for assessment or recently diagnosed. Meet other young people, make new friends, do fun activities and share your interests. Booking via [SENDAIASS@markfield.org.uk](mailto:SENDAIASS@markfield.org.uk) or call **020 8802 2611** to discuss.



Markfield is registered with Ofsted. To contact Ofsted please email [enquiries@ofsted.gov.uk](mailto:enquiries@ofsted.gov.uk) or call 0300 123 4666

# Special Educational Needs & Disabilities Information, Advice and Support Service



The Haringey Special Educational Needs & Disabilities Information, Advice and Support Service (**SENDIASS**) is provided by Markfield. **SENDIASS** is a **free, impartial and confidential** service for Haringey residents. We offer parents, carers, and children and young people who have (or may have) special needs:



## Contact SENDIASS

Telephone the SENDIASS helpline: **020 8802 2611**

(if you cannot get through please leave a short message and we will call you back)

Email: [sendiass@markfield.org.uk](mailto:sendiass@markfield.org.uk)

Drop in to Markfield Community Centre N15 4RB on **Thursdays** between **10am and 12pm** to see an advice worker (term time only)

Drop in to our monthly **Family Club** at the Markfield centre, on the **second Saturday** each month from **11:30am to 2:30pm**

[www.markfield.org.uk/sendiass/](http://www.markfield.org.uk/sendiass/)

The SENDIASS service is funded by **Haringey Council**

# Advice and information

## Autism information

One-to-one appointments:

**Book an appointment to speak to a SENDIASS adviser about how to navigate the autism assessment process, health, education, and social care services to help your child.**

- For parents of children either on the waiting list for an autism assessment, or recently diagnosed.
- For autistic young people (or who are on the waiting list for assessment) aged 16 to 25

Email [SENDIASS@markfield.org.uk](mailto:SENDIASS@markfield.org.uk) or call 020 8802 2611

## Disability benefits

SENDIASS offer appointments to help apply for **disability living allowance** for parents and carers **living in Haringey**. We operate a waiting list due to the volume of requests.

Please complete the [form on our website](#) or scan the QR code to be added to our **waiting list**. An advisor will contact you when an appointment becomes available.



**Scan me**

## Free consultations for parents with an Educational Psychologist

**Are you worried about your child's development, learning, emotional well-being or behaviour?**

Parents who live or attend school in **Haringey** can book a free 40-minute one-to-one consultation with an educational psychologist from **Haringey Educational Psychology (EP) Service**. The EP can talk through your concerns with you, help you make a plan of action and signpost you to sources of help and support. The consultation sessions happen in person at **Markfield community centre**, or by telephone. **Appointments are held monthly and require pre booking.**

**How to book: please follow [this link](#) to complete the form or scan the QR code.**





## Markfield parent/carer support groups

We invite you to join us for a tea or coffee at one of our welcoming parent and carer drop-in groups. These sessions offer an opportunity to connect with our Family Support Team, explore the range of services Markfield provides, and engage with others in a supportive environment. We also host guest speakers who share valuable insights on topics related to parenting and supporting disabled children.

### Friday parents support drop-in

Our parent support group provides an opportunity for parents, carers and friends of disabled people to socialise and build networks of support by sharing knowledge in a relaxed, informal and inclusive setting.

**Please note we can no longer provide a creche for this session.**

We can also help with forms like carers allowance, blue badge, taxi card, family fund, and provide some support with DLA and PIP forms.

**When:** Fridays 10am to 12 noon during school term times **Cost:** Free

**Spring term dates:** Friday 9<sup>th</sup> January to Friday 27<sup>th</sup> March (no session during half term on Friday 20<sup>th</sup> February)

### Autism parent support meetings

Autism support parents' meetings are **bi-monthly, in person**, meetings for parents with children either on the waitlist for an autism diagnosis or recently diagnosed.

**Dates for the Spring term:** Friday 16<sup>th</sup> January and Friday 20<sup>th</sup> March from 10am – 12pm

This is a **drop in** session. No need to book.

## Transition to Adulthood Mentoring

Our transition to adulthood programme provides bespoke support to help young people set their own goals, make informed decisions, and understand their rights as they move into adult life. Our mentor scheme matches trained volunteer mentors with a young person in transition to adulthood, supporting with trips into the community to develop confidence and skills. The young people will also meet regularly for group sessions focusing on promoting independence and developing life skills.

**If you are interested in becoming a volunteer mentor** with our Transition to Adulthood scheme, we offer four days of free training. You will gain employment skills during your placement, and volunteering with Young People and Adults in this way can be a pathway into youthwork and support work.

**For more information, or if you would like to get involved, please contact Riccarda Courtney on 07542590698 or email [rcourtney@markfield.org.uk](mailto:rcourtney@markfield.org.uk)**

# SENDAIASS information sessions for parents and carers

Our SENDIASS team runs a programme of online and in-person information sessions on various aspects of Special Educational Needs and Disabilities (SEND) procedures. These sessions are FREE for parents/ carers of children and young people with additional needs living in Haringey.

## How to review an EHC Plan Tuesday 3rd February 1 to 2pm Online

Guidance on how to review the different sections of an Education Health and Care Plan (EHCP) to check that your child's needs are accurately described, and the provision in the Plan is clear, specific and quantified.

## Annual reviews of EHC plans Tuesday 17<sup>th</sup> March 12 to 1pm Online

This session will explain how to prepare for and participate in the annual review of your child's EHC plan.

## New to autism? Navigating services and support Tuesday 24<sup>th</sup> February 12 to 1pm Online

This one-hour online session provides information on how to access services and support across education, health, and social care. This session is for parents and carers of children living in Haringey who are on the autism assessment waiting list or recently diagnosed.

## Webinars hosted by SENDIASS and the Haringey Educational Psychology Team

### High Quality teaching and SEN support in schools Monday 2<sup>nd</sup> February 12 to 1pm Online

This session will focus on High Quality Teaching and SEND support in schools, in the context of the Haringey Local Offer and Haringey SEND Best Practice Guide. We will then think together about what strategies are working well in school for your child at the moment and learn about other strategies and approaches which may also be effective.

### Navigating Screen Time with Children and Adolescents Tuesday 10<sup>th</sup> March 1 to 2pm Online

This session aims to support parents with managing screen time and boundaries around technology use at home. It will explore research into the impact of screen time on children's development and will provide practical strategies parents can use at home.

**Online information sessions** are delivered via the **Zoom** application.

If you need support with setting up zoom please let us know when booking.

## To book a place:

Online training courses can be booked via [Markfield Eventbrite page](#).

You will receive an email with a link to the zoom meeting after booking.

If the event is **sold out** on **Eventbrite** please contact the **SENDAIASS team** and they will send you a link to the meeting - [sendiass@markfield.org.uk](mailto:sendiass@markfield.org.uk).



Scan me

# SENDAIASS training workshops for parents & carers

SENDAIASS training workshops are **FREE** for parents/carers of children living in **Haringey** who are on the waiting list for an Autism assessment or recently diagnosed.

**Light lunch** served, please **state any dietary requirements** when booking.

There is **no creche** and we are unable to accommodate children at these sessions.

## Use of visual aids - SENDAIASS

**Friday 30<sup>th</sup> January 10am-2pm** **in person at Markfield**

This workshop is an introduction to using visual aids, looking at how to use visual aids to support communication and the impact using visual aids can have on increasing independence. Light lunch provided.

To book a place please visit our [Eventbrite page](#) or scan the QR code.



## Positive Behaviour Support - 2 day workshop -SENDAIASS

**Friday 6<sup>th</sup> and 13<sup>th</sup> March 10am-2pm** **in person at Markfield**

A 2 day workshop exploring the importance of understanding behaviour, strategies for promoting positive behaviour and managing behaviour that challenges. Light lunch provided.

**Please note parents will need to commit to both days when booking.**

# Training workshops for parents & carers

This training workshops are **free** for parents/carers.

**Light lunch** served, **please state dietary requirements** when booking.

Creche provided, need to request place in the creche when booking.

## Development and movement play

**Friday 13th February 10:30am to 2:30pm** **in person at Markfield**

This workshop focuses on the importance of the sensory system in children, particularly for neurodivergent children. It explores how movement and play can support self-regulation, improve communication, enhance sleep, and strengthen the nervous system within a holistic approach—all while engaging in fun, interactive activities.



# Stepping Stones - for children under 5

Stepping Stones is a 10-week specialist sensory play and language programme for children under 5 with additional needs in communication, social skills and language. The programme runs once a term with small groups of families.

## **The programme is designed to support children**

- who have a suspected or diagnosed speech and language delay or disability
- who are showing challenging behaviour or have recognised behavioural difficulties
- who may have additional sensory and developmental play needs such as autism, global delay or physical disabilities

## **It's supports parents and carers**

- to better understand their child's play needs
- by offering a supportive, informal environment where they can learn, experiment and share
- by giving lots of ideas for fun games, activities and songs that help develop a child's speech, language, social communication and play skills
- by offering further opportunity to play in an inclusive and supported environment
- by encouraging the sharing of what has been learned with others

# Strengthening Families Strengthening Communities parenting course

Markfield run a free parenting support programmes especially for parents and carers of children with additional needs and disabilities.

## **The Strengthening Families Strengthening Communities course helps parents with**

- Understanding how communication works and how to better communicate with your child
- Strategies to improve your behaviour management skills
- Reflecting on the challenges of being a parent and on our own family values
- Building community links and celebrating cultural diversity

Our Strengthening Families Strengthening Communities parenting course is **delivered by qualified trainers accredited by the Race Equality Foundation.**

**Each session includes a free lunch**

**How to book** on these training courses or get more information:

**Telephone** 0203 667 5233 or **email:** [familyadmin@markfield.org.uk](mailto:familyadmin@markfield.org.uk)

## **Booking required**

Please telephone our Family Team Administrator on **020 3667 5233**

or send an email to [familyadmin@markfield.org.uk](mailto:familyadmin@markfield.org.uk)

# Social clubs for adults with learning disabilities and autism

Markfield's Adult Services support people aged 18 and over who have learning disabilities or autism. Our clubs run during school term-time for 36 weeks each year, with places booked on a term-by-term basis.

These clubs offer welcoming, creative, and social spaces where you can try new activities, develop skills, make friends, stay active, and most importantly—have fun.

**Spring term dates: Monday 5th January to Friday 27th March** (Half term break: Monday 16<sup>th</sup> to Friday 20<sup>th</sup> February)

**Art Engine** is a weekly art club run on Mondays from 11am to 3pm. We provide a range of activities focussed on developing creativity and art skills. These range from sculpture, printmaking , poetry and drama to cooking , yoga and craft based activities and trips.

**All for One** is a club for autistic young people who meet on Mondays from 6.30pm to 9.00pm. This group enjoys music, craft, discussion groups, fitness sessions, dance and DJing and trips.

**Cosmos Rainbow Club** runs on Tuesdays from 10.30am to 3pm. This structured session supports club members to take part in cooking, music, dance, craft based activities and trips out.

**Markfeld at Nite** is where the weekend begins, with this music and dance based social club running from 6.30pm to 9pm on Friday evenings. This lively session with a 'night club' feel is run by its own elected committee, who makes decisions on trips and activities. The club also holds regular men and women's discussion groups exploring issues such as relationships, politics and health.

**Costs** vary depending on whether it's a day or evening club, the level of support the person requires and transport requirements.

If you are interested in attending one  
of our adult clubs please contact  
Roz Corrigan on 020 3667 5227 or  
email [rcorrigan@markfield.org.uk](mailto:rcorrigan@markfield.org.uk)



# Some other sources of support

- **Haringey Local Offer website** [www.haringey.gov.uk/children-and-families/local-offer](http://www.haringey.gov.uk/children-and-families/local-offer)

The Local Offer is a website with information for parents/carers of children with special educational needs and/or disabilities. It has details of the services offered in Haringey for children with SEND.

- **Contact** [www.contact.org.uk](http://www.contact.org.uk)

The national charity for families with disabled children

- **National Autistic Society** [www.autism.org.uk](http://www.autism.org.uk)

Charity for people on the autism spectrum and their families

- **IPSEA** [www.ipsea.org.uk/](http://www.ipsea.org.uk/)

IPSEA offers free and independent legally based information, advice and support to help get the right education for children and young people with all kinds of special educational needs and disabilities.

## Support our work

### Donate to Markfield

Donations are always welcome big or small. Every donation helps out work For details of how to donate to Markfield please see our website: [www.markfield.org.uk/get-involved/donate-or-fundraise/](http://www.markfield.org.uk/get-involved/donate-or-fundraise/), telephone: 020 8800 4134 or scan the QR code.



### Become a member of Markfield

Another way to actively support our charity is to become a member. As a member you will be invited to our Annual General Meeting where we elect the Trustee Board members.

### Hire the Markfield centre for your party or event

Markfield is a beautiful historic building in the heart of Tottenham's award-winning Markfield Park. You can hire our space for small and large-scale parties, meetings, training, away days or exercise classes.

### Contact us

for more information about hiring the centre, making a donation or becoming a member.

Telephone: 020 8800 4134 Email: [enquiries@markfield.org.uk](mailto:enquiries@markfield.org.uk)

Thank you to all our funders



# What's on at Markfield January to March 2026

Address: Markfield Park,  
Markfield Road, N15 4RB

Our vision is a world where disabled, Deaf and autistic people are treated as equals, have a voice and can live the life they want.

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<b>Special Educational Needs &amp; Disabilities (SEND) Free advice surgeries for parents &amp; carers and young people</b>					
<b>Art Engine</b> Daytime arts session 11am to 3pm for adults with learning disabilities and autism.	<b>Strengthening Families</b> SEN & disability See our training schedule on the website for dates.	<b>SENDIASS Advice drop in</b> Advice on education issues 10am to 12pm.	<b>Drop-in</b> <b>Parents support group &amp; Information Hub</b> 10am to 12pm in term-time. Free advice drop-in for parents / carers of disabled children.	<b>Drop-in</b> <b>Monthly Family Club</b> On the 2 <sup>nd</sup> Saturday of each month, from 11.30am to 2.30pm. £5 donation including lunch. All welcome, especially families with disabled children and young people.	
<b>Cosmos Club</b> Daytime session 10.30am to 3pm for adults with learning disabilities and autism.	<b>Haringey Educational Psychology Team</b> Free phone consultation appointments for parents/ carers at various days/times. Please contact us to book an appointment – see details below.	<b>Disability Living Allowance</b> Help with claims & appeals. Contact us for appointment times.		<b>Monthly autism group</b> For young people on the waiting list or who has been recently diagnosed. booking required.	
<b>Autism advice surgeries, parents groups and training</b>					
		<b>Fire Club</b> 4pm to 6.30pm For disabled young people aged 14 to 19.	<b>Mighty M Club</b> 4pm to 6.30pm For disabled children aged 5 to 14.	<b>CJ Club</b> 4pm to 6.30pm After school club for disabled young people aged 14 to 19.	On Saturday and Sunday afternoons the Markfield community centre can be hired for private parties and events. Please contact us for more details on prices and to make a booking.
<b>All for One club</b> Evening session for autistic young adults. Socialise make friends and go out on trips.		<p><b>The sessions above run in school term times only. In the school holidays we run children and young people's playschemes.</b></p> <p><b>Please contact us to book a place.</b></p>			

To find out more about our services, to book an advice surgery appointment or training place or to enquire about joining one of our clubs, please contact us:

Phone: 020 8800 4134 (to book appointments and training call: 020 3667 5233)  
Email: [enquiries@markfield.org.uk](mailto:enquiries@markfield.org.uk) Website: [www.markfield.org.uk](http://www.markfield.org.uk)

Dates for parent/carer groups: Thursday 8<sup>th</sup> Jan to Friday 27<sup>th</sup> March (Half term 16<sup>th</sup> to 20<sup>th</sup> February)  
Dates for Children & Youth clubs: Wednesday 14<sup>th</sup> Jan to Friday 27<sup>th</sup> Mar (Half term 16<sup>th</sup> to 20<sup>th</sup> February)  
Dates for Adults: Monday 5<sup>th</sup> Jan to Friday 27<sup>th</sup> Mar (Half term 16<sup>th</sup> to 20<sup>th</sup> February)